

The Leadline

The Voice of NATRC Region 1 Competitive Trail Riding



www.natrcregion1.org

Winter 2012

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Confessions of a First Time Ride Manager

By Laura Harvey

It seemed like a good idea at the time. I can't even say what prompted me to volunteer, but I suspect it was guilt. It hadn't escaped my attention that the rides I enjoyed so much took a lot of work—and so far, I'd done little except reap the benefits. I knew the story of the Little Red Hen; time to suck it up and share the work. But... I didn't know anything about managing a ride. I didn't even know NATRC existed four years ago. I rode in Novice. Surely such things were better left in more experienced hands?

Well, if I could move to Japan for a year simply because it seemed like a good idea, surely I could manage a ride when I had experienced, resourceful mentors to guide me. All ride managers were first-timers once; they got it done. Why shouldn't I?

For months all seemed well. I had a previous year's entry form to use as a model. The ride's previous manager, Helen Steenman, agreed to be trail master. I shamelessly stole Betty Young to be my secretary. I secured my judges, volunteers, P&R captains, point and safety riders, and food chair. Helen already had all the awards from the previous year, when the ride had been canceled at the last minute. The sanction paper-work, insurance, and CDFA drug registration was painless.

I even had a good deal of success rounding up donations for a raffle. From attending previous rides and talking with other ride chairs, I learned that holding a raffle often made the difference between breaking even and ending up in the red. Unfortunately, this meant I had to request donations, possibly my most loathed activity. I'm not a salesperson. I hate asking for things—money, signatures, donations... I'm not very good at it, and it always requires a serious mental pep-talk. However, as there was no one else, I put on my best smile and "hey, horse folk! Let's help other horse folk!" attitude. To my surprise, almost everyone I talked to was not only receptive, but I usually left with a donation.

By June, almost everything was in place and I was petrified. This was too easy. Ride managers always looked harried—even panicked—at rides; where was the harry and the panic?

And then, my careful plans started to unravel. My horsemanship judge couldn't make the ride. My meal chairperson fell seriously ill. We only had half the ribbons we needed for awards. As I worked out the "master plan" (who is supposed to be where, when, and how they get there), I realized my judges would need a jet plane to get to chosen observation points on the trail. The Robbers Fire started burning the neighboring county to the ground. My trail master missed picking up the water troughs because her tenant dropped a tree on the trailer he rented, took an axe to her water tanks, and assaulted her husband. The submersible pump I'd planned to use to draft water from a nearby stream to fill the horse troughs wasn't available.

Ah, Harry and Panic. We meet at last.

We played musical Chairs. The Rules Interpreter became the horsemanship judge. The P&R Captain became the Rules Interpreter. Two unsuspecting husbands became the P&R Captain and Water Master. My meal chairperson rose

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Chairman's Corner

As I write this, most of us are preparing for the Holidays and wondering why the heck good old Saint Nicholas chose reindeer rather than sure-footed trail horses. Obviously he never consulted with competitive trail riders prior to the purchase of his team! I do hope that whichever Holiday you and your family celebrated, it was filled with joy and many wonderful memories.

Just a few words of moral support as you slog through the muddy, cold days. Be fortified by the knowledge that another great ride season will soon be upon us come spring. The ride schedule is shaping up (there is a possible NEW ride for 2013!) as well as the Region 1 convention March 9th in Livermore.

If you didn't receive EVERYTHING on your list, bring the list to convention in March and support the convention vendors. I am soliciting everyone's help to advertise the March 9th convention at the Bothwell Art Center in Livermore. There is more information in the convention article in this Leadline. This year's convention will explore the concept of Total Horse Care. Last year, the U.C. Davis Horse Report discussed the incorporation of alternative medicine into their veterinary curriculum. Veterinary student training now includes study in dentistry, chiropractic and acupuncture in addition to the traditional curriculum.

Many of us already utilize alternative treatments along with traditional veterinary treatments and it's great that UC Davis has opted to introduce these tools into the vet student's skill set. Dr. Sarah le Jeune from U.C. Davis will be one of our speakers and will speak about the changes in veterinary training there.

I'd like to remind members that there will be a short member meeting in the afternoon at convention. This is an opportunity to discuss and ask questions regarding the rule changes that were voted on this past year by our Region One National Representatives. Rule changes were presented in Leadline and on the website. Be sure to update yourself prior to ride season and bring questions to Convention or e-mail your representatives. It's important that members be involved and this is your chance to talk to your National Representatives as well as Board of Director members.

Please remember we represent YOU - all of YOU - but if you don't discuss your ideas and suggestions, then we can't truly represent the members. So be actively involved. The organization is only as good as we make it!

I want to express my sincere thanks to those of you who stepped up to the plate and helped manage rides or worked the rides in any capacity. And a truly heartfelt THANK YOU to the VETS who have supported us! This is truly a sport made possible by an army of volunteers and we would not be able to enjoy the scenery, camaraderie and trails without all of you!

So fellow riders, hang in there. The rain will be gone in a few months and we'll see you back on the trails. Stay dry, have a safe winter and I'll see you all March 9th at convention. Happy Trails All!

Linda Thomason
Region 1 Chairperson

Region 1 has a
Facebook Page!



Find us at
NATRC Region 1

...continued from Page 1

from the dead. More award ribbons arrived. Home Depot rented me a submersible pump. Scores of intrepid fire-fighters put out the forest fire.

Friday morning dawned beautiful and clear. My dad and I started ferrying things to the ride site. My rock god of a secretary, Betty Young, arrived. Signs were posted, tables set out, rider packets readied, vet-in site chosen and raked clear of pine needles. We were ready.

I was hair-pulling, heart-seizing, terrified. I obsessed over details. When would the water troughs arrive? When would my Water Master arrive? How long would it take us to draft water from the stream? Was there enough water on the trail? What if I got us lost? What if someone needed me in camp while I was gone? What if—

What if I poured out my coffee and drank water instead? I fetched myself a bottled water and sat down in my camp chair to socialize for a few minutes and pull myself together.

Then the calls started. Two riders canceled, and so did the two volunteers coming with them. My safety riders canceled; both of their horses had come up lame. Two riders were caught in terrible traffic and wouldn't arrive until very late. Several volunteers simply never showed up.

By Friday night, my P&R crew consisted of two people. I didn't have any crossing guards for the busy Wentworth Springs Road crossing. I threw myself on the mercy of my point riders and asked them to ride safety instead (and hoped no one had messed with the flagging). I begged Neil Webber and my dad to be crossing guards. A new rider's husband and son volunteered.

To my surprise, everyone else seemed largely unaware of my barely concealed state of terror. At the potluck, everyone even seemed to be having a good time.

On Saturday morning, I piled the horsemanship judge, his secretary, and the Rules Interpreter into my car and led the caravan to the first observation point, then waved the P&R crew on with specific directions.

My job during the ride itself was to drive the horsemanship judge from point to point. To my surprise, being out on the trail was the most relaxing part of the ride. Suddenly, time slowed to normal speed. I had time to sit down. I finished scarfing down my breakfast. I set out my chair and chatted. I readied my camera and waited for the first horses and riders.

By the second obstacle / observation, I felt reasonably calm. The distance between riders stretched out, so we had to scramble to get to the third obstacle/observation ahead of the first riders, but we made it. I had just sat back with a cold bottle of tea when my cell rang.

"We have two lost riders," Josette, one of my safety riders, said. "What do you want us to do?"

She was asking me? I didn't know. Shouldn't she ask the ride manager? *Wait, I am the ride manager. *&^%#!* I tried to think. This was not covered in the Ride Management manual. *What would a ride manager do?*

"Uh, stay in camp for right now and let your horses rest," I said. "I'll call Helen and the Forest Service. If the riders don't show up by the time you finish lunch, start back-tracking on the trail to see if you can find them."

I hung up and called Helen, who called the Forest Service, who called me. We reconnoitered and the search began. In the meantime, I waited while the horses came through the last obstacle and tried not to think of all the things that could befall a horse and rider on the trail. What if one of them was seriously injured? If so, how long would it take us to find them? What portions of the trail were the least accessible to emergency vehicles? How long would it even take

emergency vehicles to get to us? Was there a heli-pad in the area? Could—

Music blasted from my pocket. I fumbled my cell phone open to hear the riders had just arrived in camp—lost and hungry, but safe and sound. I resolved to buy both of them a compass.

The last of the riders completed the third observation, and we loaded up. After dropping off the judge, his secretary, and the Rules Interpreter, I hustled off to retrieve road signs. By the time I got back, most of the horses had timed in, check-back was getting under way, and our camp cook was firing up his stove. I unpacked the raffle and award loot.

The rest of the ride passed in a bit of a haze, albeit a relieved/happy one. Everyone seemed to have enjoyed themselves, dinner was delicious, and it appeared I hadn't forgotten anything so crucial the ride would be wrecked forever. I even uttered the words: "Next year..."

During the ride, one of the other ride managers characterized ride managing in words I will never forget. I won't repeat them for fear of scaring off any future potential ride managers. In essence, managing is unpleasant. It is hair-tearing, nerve-wracking, heart-palpitating madness. Yet, still we do it. Even more amazing, some of us do it repeatedly. It leaves me wondering if managing a ride isn't a little like childbirth: intense, painful insanity, followed by sheer, giddy relief at having survived the ordeal, followed by a kind of hazy forgetfulness. Sure, it was hell, but somehow that doesn't seem quite so important.

That's where I've wound up: in a kind of hazy forgetfulness. Surely managing wasn't all *that* bad. So, I'm thinking of making Georgetown a two-day ride next year. I'm even thinking of putting on a second, brand new ride, possibly in late April. I'm thinking... Well, I'm thinking, *please, somebody slap me!!*



Join or renew your existing membership by April 1, 2013, and you will automatically be entered into a drawing for two free ride entries (excluding meals and camping fees).

Use your entries on two different rides, or treat a friend or family member to ride with you on one ride.

Good for any ride, in any region, until April 1, 2014.

Not competing? You may choose to transfer your winning entries to a relative or friend.

From the Editor....

I hope this issue of The Leadline finds everyone doing well, staying warm and dry and surviving winter in fine fettle! Here in the far North, we have had a couple stretches of cold weather, which by California standards, are beyond imagination. The lows at my house have been -35 degrees. We sometimes have strong temperature inversions, which means that in town, which is lower elevation than my house, the low temps have been -45, and in some of the even lower areas, down to -50 or more. In between cold spells, we

got buried in 1 ½ feet of snow! (The photo below was taken before the big snowstorm. At that time we had received considerably less than our normal snowfall amount).

My horses are all doing fine, with their thick, dense coats. I free feed hay in the extreme cold and they stay warm from internal combustion. And yes, I have a barn, but no, it's not heated, and no, I don't use blankets unless someone is shivering, which is seldom.

This issue includes the year-end point standings. There's also information on both the National Convention and the Region 1 Mini-

Convention, as well as a couple of articles that I hope you will find useful. If you have any suggestions for improving on the newsletter, or subjects you would like to see included, please contact me. Also, keep in mind that I'm always in the market for ride stories and pictures - lots and lots of pictures!

I will be attending the National Convention in Denver in February, and I hope to get to see many of you there. Should be a fun time, as every convention is! See you then!

*Laurie Knuutila
Fairbanks, Alaska*

NATRC Student Loan Program

Student loans are available up to \$5,000 per person /year, at the discretion of the NATRC National Board of Directors, after proper application has been submitted. Preference will be given to a full-time student who has been a member of NATRC or whose family has been an active member for at least three years. Consideration will also be given to a student or a student's family who has been an active member of NATRC for less than three years but more than six months.

For more details and an application, please go to:

www.natrc.org.



A different job for my long-time CTR partner, Bill - hauling firewood. He functions much better at -10 degrees than the ATV does!

Photo by Tony Knuutila

THE LEADLINE is the official publication of Region One of the North American Trail Ride Conference (NATRC). The Leadline is published three times per year and mailed or emailed to all NATRC Region One members. It is available by subscription to non-Region One members at \$8 per year. Issues contain updated information from Region One committees, ride results, point standings, minutes of board meetings, and the current Region One ride schedule. Send subscription requests and payments (made out to NATRC Region One) to Phil Young, 674 La Porte Rd, Quincy, CA 95971. Contributions are welcome and may be sent to Laurie Knuutila, 455 Ream Lane, Fairbanks, AK or email to wildrosept@yahoo.com. NATRC Region One and The Leadline do not necessarily endorse or support the opinions expressed in printed articles or advertisements. The Editor reserves the right to edit material as necessary. No letters to the Editor will be printed if not signed. NATRC and the staff of The Leadline are not responsible for errors

Deadlines:

Spring issue -Submission: April 15; Publication: May 1

Summer issue –Submission: August 1; Publication: Aug. 15

Fall/Winter issue –Submission: Dec 15; Publication: Jan. 1

Advertising rates per issue:

Full page—\$40

Half page—\$20

Quarter page—\$10

Classified ads are free to Region One members in good standing, one per issue, up to 30 words. Ads may be emailed, or hard copies mailed to the Editor can be scanned as submitted. Send ads to the Editor and make checks payable to NATRC Region One.

Region 1 Mini-Convention! Back to the Livermore Wine Country! March 9, 2013

NATRC returns to the Bothwell Art Center in Livermore to celebrate the Region 1 mini-convention on Saturday March 9th 2013. Bring family and friends and enjoy the Livermore wine country.

We are privileged to have some great speakers, topics and vendors lined up. Penny Mars from EggQestrian Parasite Testing Services will speak about the growing parasite resistance to wormers and how to deal with this. She will also bring equipment to demonstrate fecal testing. NATRC member Brynn Bollinger will speak about the benefits of restricted feeding. She'll demonstrate how to build a variety of feeders and will bring some examples. From UC Davis our guest speaker is Dr. Sarah le Jeune. Originally from Belgium, she received her veterinary degree at the University Of Liege, Belgium, in 1999. She completed her residency in Equine Surgery at UC Davis and has been a member of the UC Davis Equine Surgery faculty since 2003. Throughout her career she was interested in acupuncture and traditional Chinese medicine (TCVM). Dr. le Jeune was certified in veterinary acupuncture by Colorado State University and has integrated acupuncture and TCVM into her equine practice. Her topic will address the changes in veterinary medicine and the integration of alternative medicines into training programs. She will also discuss how you, as the animal owner, can best speak to your vet and incorporate alternative medicine into your current medical pro-

gram. The last speaker is not confirmed yet, but will most likely be "Saddles that Fit". This is a mobile saddle fitting business. They have many saddles (sometimes loaning them out!) and they travel to do saddle fitting and teach riders what to look for and how to evaluate their saddles.

The vendors on board include a nature photographer, Le Neigh hand crafted gifts, pottery and gourd art, hand-crafted jewelry and an animal portrait artist. A tack store vendor is in the works and will be announced soon.

So things are shaping up. We have informative topics AND great shopping! One can never start too early for birthdays and next year's Christmas shopping! Even better, you're supporting your organization and sport!

To make this run smoothly, I need a few volunteers. This is too difficult for one person and I REALLY need a "few good men or women"! Besides it's fun, it's a wonderful donation of your time for a good cause and you get to work with great people!

Open Positions:

1) Need someone to take charge of the vendors on Friday afternoon (3 hours for set up) and on the day of convention. Includes organizing who goes where on the auditorium floor plan (don't worry, it's already drawn up), be there Saturday early to help the vendors get set up and answer questions and of course, make sure they get lunches and receive thank you cards from NATRC.

2) Need a volunteer to take charge of setting up the lunch buffet, manage the lines on Saturday and make sure all goes smoothly. This includes some Costco shopping to obtain the goods. I have suggestions and am willing to help you with this.

3) Need a creative volunteer(s) to make the table centerpieces for the Saturday awards dinner. There MUST be some creative souls in this organization, so please jump in! I have items from previous dinners so perhaps you

can utilize some of these or use your imagination and create new ones.

4) Need help from all members to acquire donations. Remember, this is one of our **major fundraisers** for 2013. I need 1-2 people to keep track of donations, help solicit them, set them up at the convention, pick them up if needed and write the thank you cards to our supporters afterward. These donations for the silent auction and raffle support your year end awards banquet and the awards themselves. Please help.

So, there's lots of work to do. If 3-4 folks volunteer, then there won't be that much work for any one person. Having done this multiple times in the past, I will coordinate and help everyone and be the "go to" person.

Step up to the plate, friends, and help out. This is a good opportunity for a spouse or family member who does not want to attend the convention but would volunteer to help the day of the event. Those of you who've attended in the past know what an educational, fun and social day this is so pitch in and help the 2013 convention be even more successful and fun for all.

Stay tuned - more info to follow on the Region 1 website and in E-Blasts.

Linda Thomason

2013 Convention Chairperson
linda.thomason@comcast.net



Membership Renewal & Hoof Print

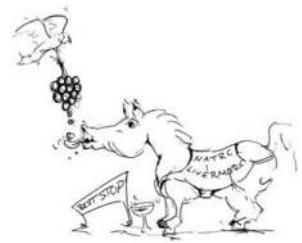
If it wasn't before, your email address is now on the E-News list for receiving notice when each

issue of *Hoof Print* is on our national website. Remember that when you renew your membership

for 2013, if you want a B&W printed copy, you may subscribe to it for an additional fee of \$15.

NATRC Region One Convention

March 9, 2013
Bothwell Art Center 2466 8th Street Livermore, California



Please Print :

Name: _____ Phone: (_____) _____

Address: _____

City _____ State: _____ Zip: _____

E-mail address _____
(please include e-mail address to save postage and be notified of future events)

Are you a current member of NATRC? Yes No

Breakfast & Break treats will be provided. Coffee, tea & hot chocolate will be available throughout the day.
Registration begins at 0745. Introduction: 0830. First speaker: 0845. Vendors open until 5 PM.

Registration Fees:

Adult () X \$40.00 = _____

We've been able to keep
convention costs at the 2011 rates!

Junior () X \$20.00 = _____

Lunch Saturday () X 6.00 = _____

(Lunch includes: fruit, cookies, chips, drink and "sandwich bar" (an assortment of breads, cheeses, deli meats and condiments to create your own special sandwich).

Early registration discount if postmarked by Feb. 18: Subtract () X \$5.00 = (—)

Awards Dinner () X \$30.00 = _____

Total Due = _____

Cancellation: Refund of Registration Fees if received by Monday March 4, 2013

Deadline for Lunch and Awards Dinner Signup is Monday, March 4, 2013

Menu :

- Choice of Two main entrees (final menu items are "in progress" but will be posted on website or E-Blast as soon as finalized) If you require a vegetarian entrée- please notify Linda Thomason.
- Green salad, bread & butter, Fruit platter
- Choice of multiple side dishes
- Soda, Water, Coffee and Tea
- Dessert: dessert tray with a mixed variety of individual dessert tarts
- There will be an open wine bar during the awards dinner and presentation

Please make checks payable to: NATRC Region 1

Mail to: Linda Thomason
223 Addison Ct.
Fremont, CA 94539
Email: linda.thomason@comcast.net

Awards dinner catered by:



Award Sponsors Sought

Year-End awards are just around the corner with the 2013 Region 1 mini convention in Livermore coming up. Please consider supporting your region by sponsoring an Award. Your donations help R1 to continue giving high quality Year-End awards.

The cost to sponsor an award is: **\$100** for a First place Horse or Horsemanship for each of the 7 classes (a total of 14 awards). These awards typically consist of a high quality blanket for the horse and a jacket for the rider, or something equivalent.

\$65 for a Special Memorial award. These include: Bob Smith perpetual award (High Point First Year Novice/CP horse); Fran & Carol Duport Memorial award (High Point First Year Open horse); Pat Ersepke Memorial Award (High Point Novice Horse/Rider Combination); and the Max Barmettler Region 1 Lifetime Award (Outstanding service to Region 1).

\$50 per class for ribbons, Horse or Horsemanship. A total of 14 ribbon sets. Classes available for sponsorship are:

- Open Heavyweight
- Open Lightweight
- Open Junior
- Novice Heavyweight
- Novice Lightweight
- Novice Junior
- Competitive Pleasure.

Any other donations in the amount of your choice will, of course, be gratefully accepted. You might even consider getting together with someone to sponsor a class or memorial award together. Contact Betty Young at 530-222-2978 or pbyoung@sunset.net for more information or to reserve a particular award. Mail your donations, specifying your first and second choice of awards that you wish to sponsor to: Phil Young, 2384 Templeton Drive, Redding, CA 96002.

Thank you in advance for your support of Region 1.

Rule Changes for 2013

Proposed rule changes are presented at the February NBOD meeting, wording is finalized at the July meeting, and voting occurs at the November NBOD meeting.

1. Section 2A.5.f. (page 2-2):

The rule read that to maintain sanctioned ride status, the ride must be listed in *Hoof Print* at least once. The approved change will read: ***A ride must be listed on the NATRC official web site (with the correct ride date) at least 60 days prior to the ride.*** This is simply more realistic as the *Hoof Print* is no longer printed often enough for the requirement to be practical.

2. Section 5 I.4. (page 5-3):

The rule stated that the trailmaster could designate a location on the trail as hazardous and instruct the riders to dismount and proceed on foot. The approved change will read that the ride chair or judges as well as the trailmaster can do so.

3. Section 10 B.2.a. (page 10-1):

Competitors in AK (Region 1A) can meet requirements for a National

Championship within any **consecutive** three-year period.

4. Section 5 B.4. (page 5-1):

Another option has been added to the list of what ride chairs can offer. Portable panels that are securely anchored to the trailer or to a tree will be allowed. The option must be available to all, but not all have to use it.

Horses do not have to be stabled under identical conditions, and there is probably no competitive advantage of one method over another (stationary tied directly to the trailer, to an overhead tie apparatus, to a sliding tether, or loose in a portable panel corral).

As with any stabling option, the option to allow the use portable panels is at the discretion of the ride chair. The rider should choose what is best for their own horse. Horsemanship judges will continue to evaluate the safety aspects of any stabling option used.

Please see separate article about portable panels elsewhere in this issue.



Ariel Thurman and Kamiko at the Jackson Forest Ride

Photo by Jamie Dieterich

2012 Region 1 Year End Point Standings

The results below are preliminary. If you have any questions or note any errors, please contact Jim Ferris at 530-432-6513 or jim.c.ferris@gmail.com.

Competitive Pleasure - Horse

PI	Horse /Breed	Rider	Pts.	Mls.	1 st Yr.
1	OM El Shakeeb Dream / Arab	Dillard, Joe	45	140	
2	Lady Tiger's Hy Syn / H-Ar	Schlerf, Haley	41	160	
3	Kamiko / Grad	Thurman, Ariel	37	120	
4	Tango Sierra / M-FX	Harvey, Laura	36	180	
5	Pistol Pete DF / Arab	Armer, Jean	26	140	*
6	Denebaborr / Arab	Lieberknecht, Kay	24	120	*
6	National Treasure / Arab	Brown, Doug	24	80	*
8	La Paloma Dream / Arab	Dillard, Ashley	22	60	
9	Laarkin / Arab	Brown, Tammy	16	100	
10	Hickorys Starlet / H-Ar	Dillard, Ashley	9	40	

Competitive Pleasure - Rider

PI	Rider	Pts.	Mls.
1	Schlerf, Haley	59	180
2	Dillard, Joe	40	140
3	Thurman, Ariel	39	120
4	Dillard, Ashley	30	100
5	Lieberknecht, Kay	28	160
6	Harvey, Laura	25	160
7	Armer, Jean	24	140
8	Brown, Tammy	22	100
9	Brown, Doug	17	80

Novice Heavyweight - Horse

PI	Horse /Breed	Rider	Pts.	Mls.	1 st Yr.
1	Kodi / Grad	Pimentel, Joe	20	60	
2	Tuscany Berlitz / H-Ar	Berlitz, Barbara	18	60	
3	MK Van Gough / Arab	York, Ron	15	60	
4	Calico Mt. Sheila / Must	Cannon, Linda	14	60	*
5	Gracie / Grad	Kroncke, Davern	12	60	*
5	Sun-Ray's Princess D / M-FX	Meinert, Brad	12	40	*

Novice Heavyweight - Rider

PI	Rider	Pts.	Mls.
1	Berlitz, Barbara	20	60
1	Pimentel, Joe	20	60
3	Kroncke, Davern	13	60
4	Meinert, Brad	12	40
4	York, Ron	12	60

Novice Lightweight - Horse

PI	Horse /Breed	Rider	Pts.	Mls.	1 st Yr.
1	CC Honey Dew / Othr	Ballard, Tanya	28	100	*
2	Stillwater's Bastian / Must	Arnold, Mary-Ellis	27	60	*
3	Palistar / Arab	Swain, Stephanie	20	120	*
4	7th Heaven Star / M-FX	Fuller, Lisa	14	60	
5	OM El Bilbao / Arab	York, Debbie	11	60	*

Novice Lightweight - Rider

PI	Rider	Pts.	Mls.
1	Ballard, Tanya	22	100
2	Arnold, Mary-Ellis	19	60
2	Fuller, Lisa	19	60
4	York, Debbie	14	60

Novice Junior - Horse

PI	Horse /Breed	Rider	Pts.	Mls.	1 st Yr.
1	Shayla / H-Ar	Ikerd, Maleah	25	120	
2	Garnet / Must	Diaz, Sonya	12	60	

Novice Junior - Rider

PI	Rider	Pts.	Mls.
1	Ikerd, Maleah	25	120
2	Barash, Emma	12	40
3	Diaz, Sonya	11	40

Open Heavyweight - Horse

PI	Horse /Breed	Rider	Pts.	Mls.	1 st Yr.
1	Stealth Knight / H-Ar	Boicelli, Vicki	43	270	
2	Amiraborr / Arab	Boicelli, Gene	31	210	
3	Porter BL / Arab	Schroeder, Eric	11	90	
4	Honeymoon Night Lily / H-Ar	Lewandowsky, Kathryn	9	90	

Open Heavyweight - Rider

PI	Rider	Pts.	Mls.
1	Boicelli, Vicki	41	270
2	Boicelli, Gene	26	210
3	Schroeder, Eric	13	90
4	Lewandowsky, Kathryn	9	90

Open Lightweight - Horse

PI	Horse /Breed	Rider	Pts.	Mls.	1 st Yr.
1	Sierra Sunshine / Arab	Stidolph, Donna	32	240	*
2	Desert Reinbeau / Must	Meroshnekoff, Angela	22	150	

Open Lightweight - Rider

PI	Rider	Pts.	Mls.
1	Stidolph, Donna	30	240
2	Meroshnekoff, Angela	25	180

Open Junior - Horse

PI	Horse /Breed	Rider	Pts.	Mls.	1 st Yr.
1	Kaylee / Grad	Johnson, Karlie	9	90	

Open Junior - Rider

PI	Rider	Pts.	Mls.
1	Johnson, Karlie	9	90

Year-End Points - Continued

Competitive Pleasure - Combined

PI	Horse / Breed	Rider	Pts
1	Lady Tiger's Hy Syn / H-Ar	Schlerf, Haley	92
2	OM El Shakeeb Dream / Arab	Dillard, Joe	85
3	Kamiko / Grad	Thurman, Ariel	76
4	Tango Sierra / M-FX	Harvey, Laura	55
5	Pistol Pete DF / Arab	Armer, Jean	50
6	Denebaborr / Arab	Lieberknecht, Kay	48
7	National Treasure / Arab	Brown, Doug	41
8	Laarkin / Arab	Brown, Tammy	38

Novice Heavyweight - Combined

PI	Horse / Breed	Rider	Pts
1	Kodi / Grad	Pimentel, Joe	40
2	Tuscany Berlitz / H-Ar	Berlitz, Barbara	38
3	MK Van Gough / Arab	York, Ron	27
4	Gracie / Grad	Kroncke, Davern	25

Novice Lightweight - Combined

PI	Horse / Breed	Rider	Pts
1	CC Honey Dew / Othr	Ballard, Tanya	50
2	Stillwater's Bastian / Must	Arnold, Mary-Ellis	46
3	7th Heaven Star / M-FX	Fuller, Lisa	33

Novice Junior - Combined

PI	Horse / Breed	Rider	Pts
1	Shayla / H-Ar	Ikerd, Maleah	50

Open Heavyweight - Combined

PI	Horse / Breed	Rider	Pts
1	Stealth Knight / H-Ar	Boicelli, Vicki	84
2	Amiraborr / Arab	Boicelli, Gene	57

Open Lightweight - Combined

PI	Horse / Breed	Rider	Pts
1	Sierra Sunshine / Arab	Stidolph, Donna	62
2	Desert Reinbeau / Must	Meroshnekoff, Angela	44

Get NATRC E-News

NATRC E-News is the official electronic communication channel of our organization. E-News is a subscriber-based electronic marketing software from Constant Contact.

With E-News, you can receive electronic announcements on upcoming NATRC rides and clinics, new sponsors and special offers, NATRC promotions and contests, and general NATRC information including details on rules changes and proposals as well as regional and national Board minutes in a timely manner by subscribing now.

To begin receiving NATRC E-News, simply go to the NATRC website (<http://www.natrc.org>), click on "Join/Renew" along the top, then select "Join NATRC E-News." After you are directed to the E-News sign-up page, you can choose to receive a variety of different types of announcements.

If you would like to send NATRC information to all subscribers or just specific regions, contact Bev Roberts (matefey@gmail.com) or the National office (natrc@natrc.org) for help to put your announcement on the official NATRC electronic communication channel.

GoodSearch & GoodShop

NATRC can receive one penny for each internet search using GoodSearch as the search engine. You wouldn't think that could add up to much, but it does. And you can shop using GoodShop, which includes all the big retailers, with up to 30% going to NATRC. Turn your search and shopping into dollars. If you haven't already, please consider going to www.GoodSearch.com and setting North American Trail Ride Conference-NATRC (Sedalia, CO) as your preferred charity.

Reminder for Ride Managers!

At the July National Board of Directors meeting, the Board voted to increase the member rider fee to \$10 starting with the 2013 rides. The following items have been updated to reflect this change:

- Generic entry Form: If you use your own entry form, please update the member rider fee.
- Fees & Stats Form
- Ride Management System

Please be sure to use the updated forms.

The rider fee for non-members will remain at \$20.



Highlights From the National Board of Directors Meeting

November 10, 2012

Flexible Thinking:

During an informal session Friday evening, the NBOD discussed ways to make our sport more rider and ride management friendly. One major aspect to consider is flexibility – or apparent lack of – in our sport. It's not so much that our procedures and rules are rigid, but many of us have become rigid in our thinking. As long as something doesn't go against our rules or philosophies, it could benefit all of us to be more flexible in our thinking. This focus carried through the sessions on Saturday.

Finances:

- Thanks to strong financial leadership, the status at the end of the third quarter is strong with revenue slightly above budget, expenses slightly below, and a bottom line net gain. Special projects (sponsorships, raffle, national convention) spearheaded by a few, comprised a large portion of the revenue. (See complete financial reports in Hoof Print).
- A \$5 increase (thus a \$10 fee) per member rider fee for 2013 will help offset some of the pressure on special projects.
- Plans for Capital Campaign and Planned Giving programs are in the works.

Region 1 Measurements:

- Each Region sets goals as a method to measure growth. Region 1's goal for 2012 was to have as many members, rides and average number of riders per ride as in 2011. We actually gained a few members, gained a ride, and had a slight increase in the average number of riders per ride! Congratulate yourselves!
- THANK YOU if you're putting on a ride, riding in a ride, or volunteering at a ride. We can't do it without the volunteers.

Rule Changes for 2013:

See separate article.

Committee:

Natalie Goldberger, DVM, R4 was approved as a veterinary judge. Jerry Sims, R3, was approved as a horsemanship judge. The Judges Committee is making an effort to mentor apprentice horsemanship judges. Judging involves so much more than putting comments and scores on the scorecards.

Media Advisory:

The Fall Hoof Print has been posted on the website.

<http://www.natrc.org/hoofprint/HoofPrint.pdf>
For 2013, the print version will cost \$15 for a subscription.

Ride Management:

All riders and volunteers were reminded to sign two liability releases: the rider or worker release AND the release for the particular state related to its EALA laws. Updated ride report forms to reflect the increase in rider fees are posted on the website.

Safety:

Finding and using qualified safety riders is a concern in all regions.

Raffle:

The current raffle offers a choice of three options for the winner: an Eli Miller handmade saddle, a custom camping package from Cabela's, or a 60' round pen from Tractor Supply. Tickets are available from all R1 BOD representatives or at www.natrc.org.

Drug Testing:

The drug testing committee tested seven rides in 2012 and a total of seventy horses. Jerry Weil, DVM was happy to report that no illegal substances were found and that it is a credit to our sport that we have so many responsible and honest members. The committee will spot test regions in 2013 and future years as a security check to insure our sport remains fair and the playing field remains level.

Marketing:

- Subscribers to E-News total 1,255 as a result of adding non-subscriber members to the list.
- The Summer Sponsor Series started in mid-June and concluded in mid-September.
- The Hoof Print electronic non-subscriber and print copy lists have been merged into the Electronic Subscriber list.
- NATRC shares links with 18 other horse magazines
- Webmaster, Bev Roberts has slowly been making changes, continuing to clean up code and files, and posting updates to the Ride Schedule, Ride Results, Standings and Sponsors as well as news items. Take a look for breaking news, updates, and general information at www.natrc.org.

Honorary and Appreciation:

The Jim Menefee Lifetime Membership Award has been renamed the Jim Menefee Lifetime Achievement Award.

National Convention 2013:

Denver, CO February 21-23. Watch www.natrc.org for details.

Future:

If you have some ideas how to have more rides, make it easier to put on rides, or get more riders to come to rides, please share with your R1 Board of Directors/ National Directors.

Respectfully submitted,

Jamie Dieterich

NBOD

Judges Committee;
Education Committee;
Policies and Procedures;
Media Advisory Committee



**Denver, CO, the “Mile-High City,” welcomes you to the
NATRC 2013 Convention!**



**“THE BIG PICTURE”
FEBRUARY 21-23, 2013**

Please join us for interesting and informative speakers, including:

Terry Swanson, DVM

Littleton Equine Medical Center

Michael Gotchey, DVM

Steamboat Springs Veterinary Hospital

Dr. Michael Zyzda

Colorado Podiatry Consultants

NATRC Rider Panel Q&A

Danny Chappero

Equestrian Yoga Specialist

Bill Stebbi

Executive Director, Colorado Horse Council

Bill Wingle

Region 3 member, GPS Specialist

(bring your GPS or team up
for a fun presentation)

And Shop:

Vendors

(reserve a booth or recommend a vendor, contact Sharon Roper-Dashner, sjroper9345@aol.com)

Used Tack Consignment Sale

(consignments needed, contact Pam Galchutt, pamegal@juno.com)

Silent Auction

(donations needed, contact Linell Miller-Inman, lmiller.inman@gmail.com)

**Stay at the beautiful DoubleTree Hilton, Denver-Aurora, Colorado. Register at
<http://doubletree.hilton.com/en/dt/groups/personalized/D/DENITDT-NAT-20130219/index.jhtml>**

Reservations must be made by Friday, February 1, 2013.

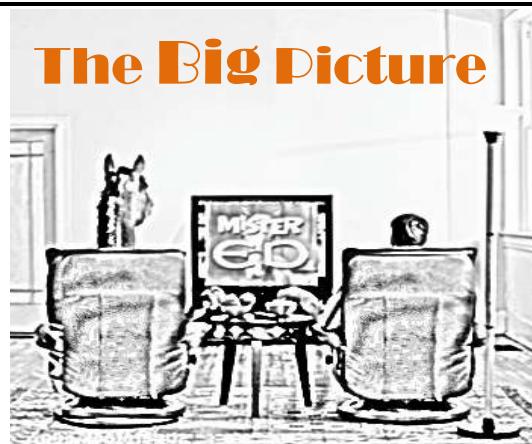
NATRC 2013 NATIONAL CONVENTION

FEBRUARY 21-23, 2013

"THE BIG PICTURE"

Convention Registration Form (please, one form per registrant)

Note: items are subject to change—please check
Natrc3.org for the most current information



Name: _____ email: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone(home): _____ Phone(other): _____

Check out the Early Bird Special! Includes all speakers and Awards Banquet
*Reservations must be postmarked by **2/1/2013***

Remember your Family Discount
 Includes all speakers and Awards Banquet
All registrations must be sent together

Cancellation Fee \$25.00
 For Reservations cancelled by **2/1/2013**
NO SHOWS/NO REFUNDS!

Hotel Reservations
 (make directly with the hotel, use link below)

Two guests per room



*Hilton DoubleTree (Aurora)
 Denver, Colorado
 303-337-2800*

Hotel Link:

<http://doubletree.hilton.com/en/dt/groups/personalized/D/DENITDT-NAT-20130219/index.jhtml>

**Reservations must be made by
 Friday, February 1, 2013.**

Make check payable to Region 3, send to:

NATRC National Convention c/o Chuck Smith
 PO Box 687, Flora Vista, NM 87425 505-215-2625

Convention Package includes all speakers and Saturday Awards Banquet
 (does not include Friday Night Region 3 Awards Banquet)

	Pre-Register	@ Door	Total
Early Bird Special (postmarked by 2/1/2013)	\$120	NA	_____
Convention Package	\$135	\$155	_____
Family Discount (for each add'l family member)	\$ 95	\$115	_____
NBOD Meeting-Thursday	Free	Free	_____
Speakers – Friday Only	\$ 45	\$ 55	_____
Speakers – Saturday Only	\$ 45	\$ 55	_____
Speakers – Fri & Sat	\$ 90	\$110	_____
National Awards Banquet	\$ 45	\$ 55	_____
GRILLED PORK CHOP (Sautéed Apples and Onion Compote)		# _____	
STUFFED CHICKEN BREAST (Three Cheese, Spinach Blend with Green Pepper Coulis)		# _____	
VEGETARIAN ENTRÉE (Three different choices on Veggie plate)		# _____	
<i>Each Entrée will come with:</i>			
--Salad (Mixed Greens Salad with Grape Tomatoes, Cucumber and Carrot Strings Served with Choice of Ranch Dressing or Balsamic Vinaigrette)			
--Autumn Harvest Rice Blend			
--Dessert- Triple Chocolate Mousse			
Short Sleeve Shirt	<u> S </u> <u> M </u> <u> L </u> <u> XL </u>	\$ 14	_____
Long Sleeve Shirt	<u> S </u> <u> M </u> <u> L </u> <u> XL </u>	\$ 18	_____
Sweat Shirt	<u> S </u> <u> M </u> <u> L </u> <u> XL </u>	\$ 24	_____
<i>Shirts may also be ordered if you cannot attend Convention, but must be ordered and paid for by January 15, 2013.</i>			
Region 3 Banquet – Fri	\$ 45	\$ 55	_____
TOTAL			_____

NORTH AMERICAN TRAIL RIDE CONFERENCE

"Choice of Three" 2013 NATRC Raffle

Drawing
Saturday,
February 23,
2013

NATRC National
Convention,
Denver, Colorado

Need not be
present to Win

One ticket for \$10;
3 for \$25; 7 for \$50

TO PURCHASE

go to www.natrc.org, or
email natrc@natrc.org, or
call 303-688-1677.

Cash, check, money order
or PayPal online accepted.

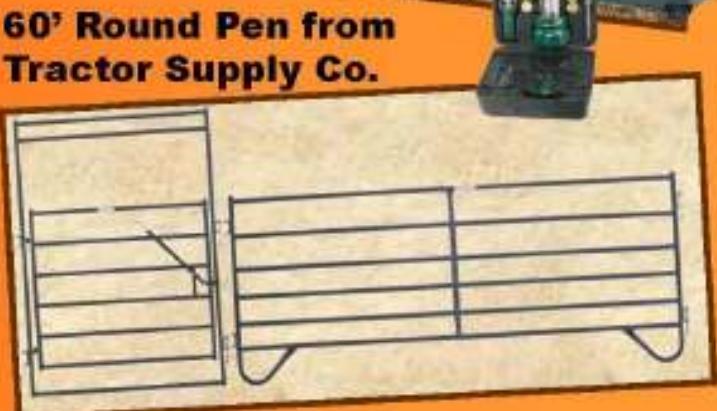
Each prize valued at \$1,200 or more.
Actual prize chosen by the winner may
look different than those depicted here.



1 Original Eli Miller
Handmade Saddle
Donated by Custom
Comfort Saddles



2 Cabela's Custom
Camping Package



3 60' Round Pen from
Tractor Supply Co.

For information, please contact NATRC at natrc@natrc.org or 303-688-1677.

Proceeds benefit NATRC educational activities.

NATRC

Portable Panels - A New Camping Option

By Susan Peters

In Ride Season 2013 ride managers will have another camping option to offer their competitors – the use of portable panels (several of our sponsors, offer portable panels). While many current riders will likely continue to use the containment methods that work well for their horses (tie to trailer, high ties, etc.), we expect some competitors and especially competitors new to NATRC to use portable panels. There are several key provisions to keep in mind:

- Ride managers have the discretion to allow portable panels or not allow portable panels at their particular ride. Good reasons to disallow them could include but not be limited to a space limitation or a landowner that requires a different containment

method (example – some State Parks require that horses be kept in Park pens or tied to Park high ties).

- If ride managers choose to allow portable panels, they have the ability to specify a size limitation (example 12 feet by 12 feet or 13.1 diameter area per horse).
- In making the above decisions, ride managers need to be sure that all competitors COULD take advantage of portable panels if they chose to do so (the level playing field concept that is so important to NATRC).
- Portable panels – for safety reasons – need to be securely anchored – attached to a trailer or tree, for example.
- If a ride manager does allow portable panels, the ride manager should

consult with their horsemanship judge on any special instructions for doing a stabling check. These instructions can be provided at ride check in or ride briefing.

- Electric fencing and staking out continue to be DISALLOWED.
- **ALL RIDE MANAGERS** should note in their ride descriptions whether portable panels are or are not allowed – and any other restrictions (size limitations for example).
- **ALL RIDERS** who plan to use portable panels should verify that they are allowed at the ride they will be attending. Check with the ride manager to see what stabling options are offered.

Region 1 2013 Tentative Ride Schedule

April 20	Lake Comanche Laura Harvey	Ione, CA (916) 689-1631	"B" O/N/CP hereticsunite@hotmail.com
May 4	Mt. Diablo Ellen Pofcher Peg Gardner	Clayton, CA (925) 672-3733 (775) 815-7626	"B" O/N/CP mtnoaks@earthlink.net mtnoaks@earthlink.net
May 18-19	Cowboy Camp Jean Armer Sec: Sherry Lindley	Williams, CA (530) 755-8301 (530) 432-6513	"A" O/CP; "B" N armer@citlink.net shadylin@aol.com
June 1-2	Round Valley Regional Park Gene Boicelli Sec: Linda Thomason	Brentwood, CA (925) 672-6491 (510) 651-9470	"A" O/CP; "B" N LIMIT 45 geneboicelli@aircloud.net linda.thomason@comcast.net
June 22-23	Georgetown NATRC Laura Harvey	Georgetown, CA (916) 689-1631	"A" O/CP; "B" N hereticsunite@hotmail.com
July 20-21	Challenge of the North Laurie Knuutila Sec: Lezlie Wilfer	Fairbanks, AK (907) 378-9190 (907) 474-4631	"A" O/CP; "B" N wildroseph@yahoo.com wilfer@acsalaska.net
Aug 17-18	Jackson Forest Steve Meroshnekoff Sec: Maria Pilgrim	Ft. Bragg (707) 743-9973 (707) 795-8163	"A" O/CP; "B" N iambrewing@aol.com wolves1961@sbcglobal.net
Oct 12	Lake Mendocino Steve Meroshnekoff Sec: Maria Pilgrim	Ukiah, CA (707) 743-9973 (707) 795-8163	"B" O/N/CP iambrewing@aol.com wolves1961@sbcglobal.net

Region 1 Ride Results

Georgetown Results and Photos

7/21/2012 Region One-CA

B-O/N/CP Total Riders: 24

Chair: Laura Harvey

Judges: Larry Goss DVM,
Jim Ferris

Novice Sweepstakes:

SFA Kialoa/Farkas, Diane-100

Open Sweepstakes:

Stealth Knight/
Boicelli, Victoria-99

Open Heavyweight

1/1 Stealth Knight/
Boicelli, Victoria

2/2 Amiraborr/Boicelli, Gene

Open Lightweight

1/1 Serafina/
Meroshnekoff, Angie

Novice Heavyweight

1/DO Calico Mt. Sheila/
Cannon, Linda

2/2 Kodie/Pimentel, Joe

3/1 Tuscany Berlitz/
Berlitz, Barbara

4/3 Gracie/Kroncke, Davern

P Digger/Crowe, Christine

P MK Vangouh/York, Ron

Novice Lightweight

1/1 SFA Kialoa/Farkas, Diane

2/3 CC's Honey Dew/
Ballard, Tanya

3/2 7th Heaven Star/Fuller, Lisa

4/DOPalistar/Swain, Stephanie

5/4 Jac/Christenson, Valerie

6/5 Comet/Cooper, Alexis

/6 Kharinaa/Emsley, Laurel

P OM El Bilbao/York, Debbie

Novice Junior

1/1 Shayla/Ikerd, Maleah

2/2 Pocohontas/Cooper, Faith

Competitive Pleasure

1/ Sierra Sunshine/
Stidolph, Donna

2/4 Lady Tigers Hi Syn/
Schlerf, Haley

3/1 Tango Sierra/
Berwick, Robyn

4/2 OM El Shakeeb/
Dream/Dillard, Joe

5/5 Laarkin/Brown, Tammy

6/ Hickorys Starlet/
Dillard, Ashley

/3 Deux Chaussettes/
Jones, Mary T.

/6 Pistol Pete DF/Armer, Jean

National Treasure/
Brown, Doug



Angie Meroshnekoff
and Serafina

Photo by Jamie Dieterich



Mary Jones and
Deux Chaussettes
Photo by Laura Harvey



Haley Schlerf and
Lady Tigers Hi Syn
Photo by Laura Harvey

More Region 1 Ride Results

Jackson Forest Results and Photos

Jackson Forest A

8/18-19/2012 Region 1-CA
 A-O/N/CP Total Riders: 16
 Chair: Steve Meroshnekoff
 Judges: Carol Meschter DVM,
 Nancy Kasovich
 Novice Sweepstakes:
 Shayla/Ikerd, Maleah-97
 Open Sweepstakes:
 Stealth Knight/Boicelli, Victoria-98

Open Heavyweight

1/1 Stealth Knight/
 Boicelli, Victoria
 2/3 Amiraborr/Boicelli, Gene
 3/2 Porter BL/Schroeder, Eric
 4/4 Honeymoon Night Lily/
 Lewandowsky, Kathryn

Open Lightweight

1/2 Sierra Sunshine/
 Stidolph, Donna
 2/1 Desert Reinbeau/
 Meroshnekoff, Angie

Novice Heavyweight

1/DO Calico Mt. Sheila/
 Cannon, Linda

Novice Lightweight

1/DO Palistar/Swain, Stephanie

Novice Junior

1/1 Shayla/Ikerd, Maleah

Competitive Pleasure

1/1 Kamiko/Thurman, Ariel
 2/4 National Treasure/
 Brown, Doug
 3/ Tango Sierra/Harvey, Laura
 4/5 Denebaborr/Lieberknecht,
 Kay
 5/6 Pistol Pete DF/Armer, Jean
 6/3 Laarkin/Brown, Tammy
 /2 Lady Tigers Hi Syn/
 Schlerf, Haley

Jackson Forest B

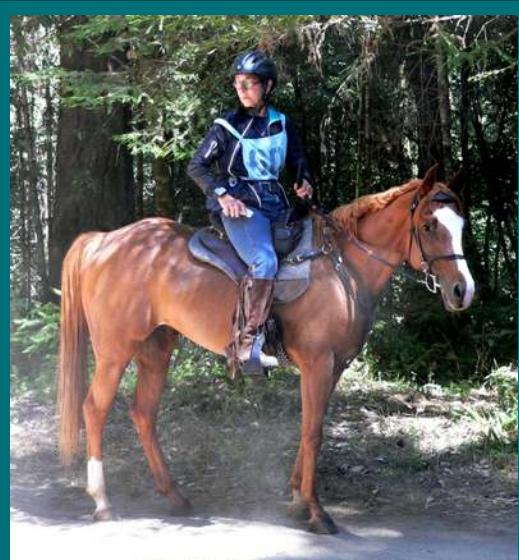
8/18-19/2012 Region 1-CA
 B-N Total Riders: 5
 Chair: Steve Meroshnekoff
 Judges: Carol Meschter DVM,
 Nancy Kasovich
 Novice Sweepstakes:
 Piper/Campagnola, Aurora-96

Novice Heavyweight

1/DO Lola/De la Cruz, Catherine
 2/1 Rosemarie's Dream/
 Szupello, Sierra
 3/2 Diamond H Shalako/
 Vovchuk, Virginia

Novice Junior

1/2 Piper/Campagnola, Aurora
 2/1 Garnet/Anderson, Molly



Donna Stidolph and Sierra Sunshine
 Photo by Jamie Dieterich



Doug Brown and National Treasure
 Photo by Jamie Dieterich



Maleah Ikerd and Shayla
 Photo by Jamie Dieterich

More Region 1 Ride Results

Lake Mendocino Results and Photos

10/6/2012 Region One-CA

B-O/N/CP Total Riders: 23

Chair: Steve Meroshnekoff

Judges: Leroy Burnham DVM,
Jamie Dieterich

Novice Sweepstakes:

Dude/Frech, Julia-97

Open Sweepstakes: Stealth
Knight/Boicelli, Victoria-99

Open Heavyweight

1/2 Stealth Knight/
Boicelli, Victoria

2/1 Amiraborr/Boicelli, Gene

3/3 Honeymoon Night Lily/
Lewandowsky, Kathryn

Open Lightweight

1/1 Sierra Sunshine/
Stidolph, Donna

Novice Heavyweight

1/DO Lola/De la Cruz, Catherine
P Gracie/Kroncke, Davern

Novice Lightweight

1/3 Dude/Frech, Julia
2/2 Rainstorm at the Crossroads/
Marshall, Sandy

3/1 CC's Honey Dew/
Ballard, Tanya

4/DO Palistar/Swain, Stephanie

Novice Junior

1/1 Shayla/Ikerd, Maleah

2/2 Denebaborr/
Barash, Emma

P Piper/Anderson, Molly

P Garnet/
Gipson, Savanah

Competitive Pleasure

1/4 National Treasure/
Brown, Doug

2/1 Kaylee/Schlerf, Haley
3/3 Hickorys Starlet/
Dillard, Ashley

4/2 OM El Shakeeb Dream/
Dillard, Joe

5/5 Tango Sierra/
Harvey, Laura

6/ Kamiko/Thurman, Ariel
/6 Pistol Pete DF/
Armer, Jean

Jezebel/Lieberknecht, Kay
Laarkin/Brown, Tammy



Ashley and Joe Dillard
Photo by Jamie Dieterich



Vet judge Leroy Burnham, DVM,
checks a rider's horse
Photo by Jamie Dieterich

JUNIOR RIDER REBATE

Junior riders who are NATRC members by the second Sunday in November of a ride year and complete 2 or more rides in that same ride year are eligible to receive a rebate of \$30 per completed ride for up to 3 rides. Please contact Phil Young, R1 Treasurer for more details.

Minutes of the NATRC Region 1 BOD Meeting

Meeting held at Big Oak Valley, CA 23 September 2012

Call to Order:

The meeting was called to order at 10:03 a.m. by Chairman, Linda Thomason.

Present: Linda Thomason, Phil Young, Jamie Dieterich, Jim Ferris, Gene Boicelli, Stephanie Swain, Laura Harvey, and Angie Meroshnekoff

Guests: Betty Young. Absent: Steve Meroshnekoff

Secretary's Report:

Phil Young moved to approve the Minutes of 17 June 2012 meeting with no corrections or additions; seconded by Laura Harvey. Unanimously approved.

Treasurer's Report:

Checking: \$22480.

2nd Quarter report and Year-to-date Category detail report submitted via email. Positive cash flow of approximately \$2200 (from Cowboy Camp Region 1 Benefit Ride).

3rd Quarter report to be posted at end of September.

Receipts still need to be submitted by Ride Managers for 2012 Awards subsidies.

COMMITTEE REPORTS:

Physical Resource Coordinator: Linda Thomason – approximately 20 leftover raffle items from the benefit ride will be raffled at Mini Convention in March 2013. Angie has NATRC banner which she will pass to Linda at the end of the Lake Mendocino ride. Jim has bibs from Marilyn Hunter – will check to see if they are useable.

Historian: Kathy Nixon – No update

Wonder Workers: Steve Meroshnekoff – No update

Points/Membership: Jim Ferris – down slightly from 2011 with approximately 80 paid members.

Publicity: Linda Thomason – wrote to 27 horse organizations regarding breed awards and publication of 2013 Ride Calendar – received only 2 responses. Found 2 or 3 online services and Ride Magazine that will publish the Ride Calendar for free along with a small banner type ad on BAEN (Bay Area Equestrian Network).

Benefit Ride: Cowboy Camp – better than expected profit of \$1904.00.

The Leadline: Phil Young – There are currently 25 print copies of the Leadline mailed via USPS. The print version is limited to 12 pages and costs approximately \$1.50 to print and mail. The Leadline via email is an expanded version. Next publication date is 01 January 2013; all materials must be submitted no later than 15 December 2012. Laurie Knuutila is doing a GREAT JOB!

National BOD: Jamie Dieterich and Jim Ferris

Proposed rule changes for 2013:

1. Proposed rule change would reword Section 2 A.5.f. of the Rule Book to account for the fact that The Hoof Print is no longer published often enough for ride managers to abide by the present wording. R1 BOD – YES

2. To correct wording in Section 5 I.4 from “designated by the trailmaster as hazardous”, to “designated by the trailmaster, **ride manager, or judges** as hazardous”, as this is often presently done. R1 BOD – YES

3. For clarification purposes, Section 6 B.1.e would be changed from “P&R scoring will be” to “**P&R procedures and** scoring will be”. THIS PROPOSED RULE CHANGE WAS DELETED BY THE NBOD DUE TO THE COMPLEXITY OF THE ISSUE.

4. Section 10 B.2.a would be changed from “within any three-year period” to “within any **consecutive** three-year period” to clarify that the three-year period must be three consecutive years. This change applies only to Region 1A (Alaska). R1 BOD – YES

5. Section 5 B.4 would be changed to define types of portable pens/corrals that are not acceptable stabling options, with the purpose of allowing the use of certain types of portable corrals/panels. The option of allowing portable pens/corrals would still be up to the Ride Manager. R1 BOD – YES, but we feel that it needs to be specified on the entry form for each ride whether or not portable corrals/panels will be allowed at that ride

6. Would change the wording of Section 6 B.1 to include the use of CRI (Cardiac Recovery Index) in the evaluation of condition, and to correct terminology (Myoglobinuria instead of azoturia). R1 BOD – YES with change of “CRI” to “cardiac recovery index (CRI)”.

7. Proposed \$5.00/rider increase in rider fees paid to National by ride managers. Although the R1 BOD voted against this change, it was approved by the NBOD. The National Raffle will be held in conjunction with the 2013 National Convention and includes a choice of 3 items each valued \$1200.00.

Ride/Clinic Management: Jamie Dieterich – Need to look for winter clinic location with covered arena so clinic can be held indoors if weather is bad.

Outreach Coordinator: Linda Thomason – continue making up and handing out new rider bags

Trails Advocacy Coordinator: Judy Ethridge – No report.

Bylaws: Jim Ferris, Jamie Dieterich, Phil Young – started work on non-profit application. Jamie has a book on forming a corporation, specific to California, on order. Need articles of incorporation, including statement regarding disposition of assets upon disso-

lution of corporation. Need to apply for exempt status with the California Franchise Tax Board. Will try to get copy of Articles of Incorporation from National and R2.

Judging Issues: Jamie Dieterich, Betty Young – Judges need to be nicer to Novice and Junior riders. Judges' comments need to be kept private. If riders have complaints, they must be documented and submitted to the Judges Committee. See Rule book, “Letters of Concern”.

OLD BUSINESS:

Convention 2013: Linda Thomason – the date and site are set (contract to be signed soon), working on speakers and vendors. Saturday 09 March 2013 at the Bothwell center in Livermore. Waiting for response from Dr. Ferraro/Dr. Sara Lejeune from UC Davis – topic of integrated veterinary medicine. Also Brynn Bollinger – how to feed horses. 2 vendors already lined up, will contact Long Riders Gear and Saddles That Fit. Need 100 plastic bags for convention packets – suggestions welcome.

R1 Corporate/Non-profit status: Phil Young – 501c3 application in progress.

NATRC Computers: Jim Ferris – no update.

Possible partnership with California State Horseman's Association Trail Program being investigated by Linda Thomason.

Subsidy of Ride awards – continue in 2013: All in favor but will make final determination at January meeting after end of year finances are posted.

NEW BUSINESS:

Elections: Angie will be going to NBOD to fill position being vacated by Jim Ferris. R1 BOD has two 3 year terms open and one 2 year term. Jim will not run again. Potential candidates for R1 BOD include Stephanie Swain, Gene Boicelli, Joe Pimentel and Lee Cannon. Need candidates' statements in December. 2013 will be Jamie's last year at NBOD – need to ask for nomination of candidates at Convention.

Year End Awards: Betty Young – budget is \$1000–1200, but actual cost has been \$1600-1800 in past few years. Needs suggestions for affordable awards.

NEXT MEETING:

Time: 10:00 a.m.

Date: Saturday, 12 January 2013

Location: via telecom - GoToMeeting

CLOSE OF MEETING:

Phil Young moved to adjourn the meeting; Gene Boicelli seconded. Meeting adjourned at 2:17 p.m.

Respectfully Submitted,
Stephanie Swain

SSSlooowwww Feeders

By J. Forsberg Meyer with Clair Thunes

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You've heard the experts. They say we should encourage our horses to eat the way nature intended. That means, ideally, grazing or munching on grass hay off and on 'round the clock.

"Frequent, small meals are best for the digestive-tract anatomy," affirms Clair Thunes, PhD, of Summit Equine Nutrition (summitequine.com).

"Horses evolved to eat nearly constantly, and as a result, they're continually secreting hydrochloric acid into their stomachs. Saliva from chewing contains bicarbonate that buffers the acid. So a near-constant food source that requires a lot of chewing increases saliva, which helps reduce the risk of gastric ulcers."

Another benefit of slow feeding is that it gives horses something to do. This alleviates boredom, which in turn helps prevent or moderate unwanted behaviors such as cribbing, weaving and stall- or paddock-walking.

Then, too, horses that don't fast for long periods between feed times also are more relaxed overall, as they suffer less digestive discomfort and aren't obsessing over food during the time between feedings.

If your horse is at pasture, he's eating closer to the way na-

ture intended and enjoying the benefits. But what if pasture isn't an option?

Enter slow-feed hay nets, also known as small-mesh nets. While a traditional hay net has mesh large enough for a horse to stick his muzzle in and get a big mouthful, slow-feed nets have

and don'ts for using a small-mesh hay net.

❖ Do: Shop around to find

the net that best suits your purposes. One good one is the Freedom Feeder® (freedomfeeder.com), pictured here. Non-net alternatives include the Slow Down® Hay Feeder/Soaker, which is a bucket with a restricted-access grille at the top (slowdownhayfeeder.com), and the Hayslow Feeder, a metal feeder with a net-like grille (hayslow.com).

❖ Don't: Expect sharing; provide one hay net per head (plus perhaps one extra) for horses turned out together to prevent hoarding or bullying.

❖ Do: Install the net according to the maker's instructions for safety and best results. Initially, fluff up the hay inside the net and



Small-mesh hay nets slow a horse's eating and simulate the more natural grazing environment horses evolved to thrive in. Read the second "Don't" to find out about proper hay net installation.

mesh sizes typically between 1 3/8 inches to 1 5/8 inches. Such tiny openings necessitate nibble-feeding: The horse coaxes a stalk or two out with his lips, then grasps the stalks with his teeth and pulls them out with a quick, sideways motion that mimics the action of grazing.

"These nets can be helpful when you want to provide a more natural, healthful way for your horse to eat but you can't run out to feed every hour," observes Thunes.

If you decide to give slow feeding a try, here are some do's

pull some hay strands through a few of the holes to give your horse the idea.

❖ Don't: Hang the net in any way that could enable your horse to catch a hoof in it. Especially if your horse wears shoes (which increases the risk of entanglement), make sure the net is high enough to minimize risk.

❖ Do: Allow some time for your horse to learn how to use the net. Provide an extra serving of hay along with what's in the net for a day or two, so your horse is never learning how to use the net on an empty stomach.

5 Things A Horse Can Reveal About You In Under 5 Minutes

By Judy Askins, Equus Elemental
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Horses are remarkable teachers because they have an honest, accurate, and uncanny ability to size people up instantly.

Because horses are prey animals, their very survival depends on their ability to detect and evaluate a predator's state of being.

When we interact with horses, their response to us is immediate, truthful, and non-judgmental. They are mirrors reflecting back to us the state of our energy and body language.

So, what can a horse tell about you in under five minutes?

1. Are you a good leader?
2. Are you honest?
3. Are you a good communicator?
4. Are you consistent?
5. Are you relaxed?

1. Leadership. Establishing leadership in a herd comes naturally to horses. The herd's safety depends upon it. If you do not exhibit good leadership qualities that the horse can identify, the horse will assume the leadership role out of necessity. But if you are a true leader, the horse will want to follow you and take direction from you out of trust and respect. Leading means allowing the horse to make mistakes, provided we also allow him the opportunity to learn from them. But the key in those moments is not to be judgmental about his choices; respectfully encourage and allow the horse to do the desirable thing. Imagine the freedom, confidence and curiosity you'd develop if every time you attempted something, you were supported and encouraged to keep trying, rather than criticized. Good leaders get amazing results, not only from their horses, but also from their spouses, children, family members, co-workers, and everyone they come in contact with.

2. Honesty. "Say what you mean; mean what you say." We must first be

clear with ourselves and have a plan before we can clearly communicate our intention to the horse or to others in our lives. Honesty is how you develop trust in relationships. So, if you do not follow through and consistently mean what you say, your horse will think you are a liar. Horses will reflect your level of honesty in a number of ways, such as being hesitant, non-responsive or by trying to dominate you in your interactions. Being honest builds the trust necessary to have deep and meaningful relationships and interactions in our lives.

3. Communication. Good communication is a two way street. It is just as important to convey our thoughts and ideas clearly to the horse, as it is to be a good listener to what they are communicating. Most horses are used to being told what to do and how to do it. Imagine if that were the only way you were treated. Listening to your horse or to those in your life does not mean letting them "have their way." But unless you understand their feedback, you will not be able to determine the proper response to help them. Another essential element in good communication is listening without judgment. If you are asking the horse to do something and the horse tries, even if it is not the desired result, do not judge him for that. Remember that curiosity and willingness shows an absence of fear. These skills lead to deeper levels of understanding in all areas of your life including family, friends, professionally and in the world as a whole.

4. Consistency. This is a commitment to follow through until you are effective each and every time. Being inconsistent is a sure way to break down the trust in your relationships. How can I establish a relationship or a bond with you when I never know how you'll respond? Consistency is also an

important safety factor. A pushy horse that attempts to dominate you, or is fearful and moves into your personal space without being invited, is an indication that you need to establish safe and healthy boundaries. Learning to be consistent when expressing what you want leads to increased personal clarity and better results in all areas of your life.

5. Relaxation. Would you like to spend more time relaxed in the present moment and still feel connectedness to your physical surroundings and the people with whom you have relationships? Horses live this way all the time and we can learn by their example. One of the ways a horse can tell if you are relaxed is by your breathing. Horses also observe and assess the amount of tension you are holding throughout your entire body. If you are tense and worried, the horse will reflect that by perhaps pacing or the inability to stand still. In many cases, when people find themselves getting mad or frustrated, if they stop, take a deep breath and relax, their horse will do the same almost immediately – as if they are saying: "Thanks, I needed that, and so did you!"

The unique gift the horse brings is their subtle and constant ability to reflect life changing information back to us so that we can improve ourselves by identifying our feelings, adjusting our thoughts, behaviors, and responses. If you are looking for a powerful and fun experience that will enhance your awareness of self and all of your relationships, then working with the horse as a teacher may be for you.

About Equus Elemental: Equus Elemental™ brings over 15 years of horse training and horsemanship expertise together with more than 20 years of combined personal growth and teaching experience to offer a unique equine accelerated learning process. We meld these fundamentals with a keen understanding of equine communication, and the belief that horses are innate spiritual teachers. For more information, please visit our website at www.equuselemental.com.

NORTH AMERICAN TRAIL RIDE CONFERENCE

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MEMBERSHIP FORM - RENEW, JOIN OR PURCHASE ITEMS ONLINE AT WWW.NATRC.ORG

Memberships run from January 1-December 31. We offer eight membership plans: four Regular; two Lifetime and two Platinum. The Platinum plans receive all the benefits of the Regular plans plus personal excess liability coverage with a \$1,000,000 policy limit.

CHECK PLAN DESIRED

REGULAR MEMBERSHIP: All memberships include: electronic national newsletter-*Hoof Print*, your region's newsletter, E-News subscription, eligibility for annual national and regional high score awards and championships, horse and rider mileage awards, reduced ride entry fees, sponsor discounts, and automatic membership in your region.

- FAMILY**..... \$90 /yr Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- SINGLE** \$60 /yr Single adult member (1 vote)
- ASSOCIATE**... \$50 /yr Equine-related groups or businesses only (no vote)
- JUNIOR**..... \$40 /yr Single Junior member under age 18 (no vote)

LIFETIME MEMBERSHIP: One time membership payment.

- FAMILY**..... \$10,000 Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- SINGLE** \$ 5,000 Single adult member (1 vote)

PLATINUM MEMBERSHIP: Platinum members receive insurance benefits thorough Association Resource Group-ARG. Platinum members receive personal excess liability coverage with a \$1,000,000 policy limit. Coverage is for claims brought against members of NATRC (Platinum) arising from the use and /or ownership of a horse and for horse-related accidents involving third party bodily injury or property damage. Coverage will apply when engaged in any horse related activity, and coverage is in excess of any existing valid and collectible insurance. There is no deductible. Professional Liability is not included. Business exposures are excluded.

- FAMILY**..... \$130 /yr Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- SINGLE** \$ 80 /yr Single adult member (1 vote)

ANNUAL LIFETIME MEMBER PLATINUM UPGRADE: _____ \$40 Family _____ \$20 Single

NATRC Specialties (Optional)

- Patch (inc. w/new membership). \$5.00
- 10" Round NATRC Emblem Sticker.. \$5.00
- 4" Round NATRC Emblem Sticker.. \$3.00

A 2013 Rule Book is free with your membership. To save NATRC \$\$\$, the Rule Book can be downloaded from www.natrc.org or a hard copy can be requested by checking here _____

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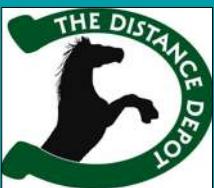
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