

The Leadline

The Voice of NATRC Region 1 Competitive Trail Riding



www.natrcregion1.org

Fall / Winter 2013

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Chasing the Midnight Sun

By Vicki Boicelli

We Were Off

We had always wanted to visit Alaska. Joining Laurie Knuutila to help her with her ride or perhaps ride in it was a perfect opportunity to go north to Alaska.

We left Oakland to venture to Portland. We arrived in Portland with the sun's light fading. When we departed Portland, darkness had made the sky an ink black except for a distant peach colored ribbon of light. The further we traveled it seemed like we may reach that beckoning light. As we went north, that ribbon in the distance became larger and there was an eeriness to the darkness. It progressed to a kind of half light. I looked down out of the airplane's window and viewed white mounds of mountains with occasional majestic jagged peaks reaching skyward. The expanse of this terrain is incredible, it seems infinite. Suddenly I felt very small flying above it.

Welcome to Alaska

We left the airport at 1 a.m., and headed for the cabin we had rented outside of Fairbanks. In the half light people were still out walking and riding their bikes. We arrived at the cabin only to realize it was occupied. There had been an error in arrival dates, forcing us to find a place to spend the night.

Our first hotel heading back to Fairbanks was an Extended Stay. No room at the Inn was the verdict. We were told we would be hard pressed to find a room anywhere. Several events were going on including the Native Alaskan Olympics.

We finally found a room at a Best Western after being stopped by a policeman for not using a turn signal. It was well after 2 a.m. and we were more than tired!

The Wonderful Cozy Cabin

Better than depicted on the Internet, the cabin sat in the midst of birches

and thick moss covered trails. My feet sank into the moss. It was like memory foam beneath my feet. I felt I should curl up on that lavishly carpeted spot, like some woodland faerie, and watch the birch leaves flutter in the soft breeze above me. The cabin had a deck that almost touched a slow moving stream. A handsome cow moose stopped by to browse and eat water plants, which hung from her mouth. She was within a foot of the deck. The cabin had grand picture windows looking out onto the stream. It had a cozy downstairs and large long bedroom upstairs. It was just perfect.

The Ranch

We contacted Laurie the next day. She invited us to come over and stay for dinner. We planned to take a pre-ride from her place. The ranch is outstanding, nestled in and surrounded by birch and spruce forest. The barn consisted of large stalls with long paddocks. There was a large tack room, an arena across from the barn and fenced pastures beyond that. The house sat

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Vicki and Bo surrounded by fireweed.

Photo by Gene Boicelli.

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Chairman's Corner

As the winter days grow shorter and the temperature drops, there is (sadly) less time for trail outings and enjoying our equine companions. I board my horse and when I arrive at her paddock, I often see her head peeking out of the shelter with a mischievous question in her face: Do I really have to walk down to her or can I fake her out and make her walk up to me? This requires me walking about 80 feet on a slope. When the ground is very wet, I have slipped and landed on my rear more than a few times and I swear the expression on her face is "Two points for the horse!" Winter brings its unique challenges and they vary depending on where and how we house our equine partners. I hope you continue to enjoy your horse(s) throughout the winter and think about the 2014 trail rides that loom on the horizon. As I curry out the mud balls and unbraid the tangled mane, I'm already thinking of next spring and riding out on the trails.



This winter you will be voting for open seats on the Region 1 Board of Directors. I encourage all members to consider running for the board. It's a learning experience to participate in leading your Region through another year of competitive trail rides. In addition, you will work with the other board members to guide the region's participation at the National level. There's a lot more going on than most folks realize. Please consider either running for a seat or volunteering at various projects throughout the year (the year end awards event in March, the competitive trail riding clinic held in conjunction with the Cowboy Camp Ride, assisting with advertising, etc). You're never "too new," "too young," or "too old" to participate!!

Those of you who attended the 2013 mini-convention in Livermore will recall meeting Dr. Claudia Sonder, director of the Center for Equine Health at UC Davis. Dr. Sonder and the Center for Equine Health (CEH) will be hosting NATRC Region 1 on Saturday March 15th for a tour of the facility, a guest speaker and luncheon. Region 1 will also present their year end awards at this event. The CEH event replaces the mini-convention for 2014. Additional information is presented in this Leadline. Registration forms should be available on the Region 1 website in January and will also be sent out via E-Blasts. Please mark this event on your calendar and get your registration in as early as possible.

I would like to take this opportunity to wish all the NATRC family the happiest of holidays. No matter what you celebrate at this time of year, enjoy the time with your two legged and four legged family members and give thanks that we have our families, our critters and our riding friends. I am blessed and thankful to have made so many friends over the years through NATRC. This is my final Chairman's Corner as you will be electing new members to the Region 1 BOD in 2014 and a new chairman. I appreciate the support and good thoughts I've received from everyone over the past few years.

Happy Holidays to all! See you in March at the Davis Event!

Linda Thomason

Region 1 Chair

From The Editor...

The winter days have wound down to the shortest one, and here in the Far North, that means the sun is above the horizon for only three hours and forty three minutes. But now the earth begins its swing back around until we will once again have twenty four hour daylight!

We've had some wicked winter weather here, and I know that some of you have also had your share of it where you are. But my horses are all fat and shiny, even with their thick coats, and I'm looking forward to warmer, longer days so I can ride more.

My husband and I thoroughly enjoyed having Gene and Vicki Boicelli with us this summer. And I hope you enjoy Vicki's article in this issue about their Alaskan adventure. You'll also find information in this issue on the upcoming Region 1 gathering at UCDavis and the national convention, along with other articles that I hope you find helpful or interesting.

My plans are all set to attend the national convention in Oklahoma City, and I hope to see some of you there. Sounds like Region 4 is planning a grand time! It's always fun to get together with a group of people who share your interest in horses, and specifically distance riding. So, if you haven't already, make your plans now to attend!

As always, I need your input to be able to put together an interesting, informative newsletter. So please send me your ride stories and photos. The photos really help to bring the ride results to life! Ride stories do not have to be long, just a brief recap of your experience at an NATRC ride. Speaking for myself, I love to read about the challenges or triumphs that others have with their horses. And I'm sure others do too. So take a few minutes to send me an email with your story or photo.

I hope your winter is treating you well, and I hope you are getting all the saddle time you want!

Laurie Knuutila



My horses enjoying some pasture time. They like to dig in the snow for any dry grass that they didn't eat during the summer. When dug from under the snow, it becomes very tasty!

Photo by Laurie Knuutila

THE LEADLINE is the official publication of Region 1 of the North American Trail Ride Conference (NATRC). The Leadline is published three times per year and mailed or emailed to all NATRC Region 1 members. It is available by subscription to non-Region 1 members at \$8 per year. Issues contain updated information from Region 1 committees, ride results, point standings, minutes of board meetings, and the current Region 1 ride schedule. Send subscription requests and payments (made out to NATRC Region 1) to Phil Young, 2384 Templeton Drive, Redding, CA 96002. Contributions are welcome and may be sent to Laurie Knuutila, 455 Ream Lane, Fairbanks, AK 99712 or email to wildroseph@yahoo.com. NATRC Region 1 and The Leadline do not necessarily endorse or support the opinions expressed in printed articles or advertisements. The Editor reserves the right to edit material as necessary. No letters to the Editor will be printed if not signed. NATRC and the staff of The Leadline are not responsible for errors in spelling of horses' or riders' names.

Deadlines:

Spring issue - Submission: April 15; Publication: May 1
 Summer issue - Submission: August 1; Publication: Aug. 15
 Fall/Winter issue - Submission: Dec 15; Publication: Jan. 1

Classified ads are free to Region 1 members in good standing, one per issue, up to 30 words. Ads may be emailed, or hard copies mailed to the Editor can be scanned as submitted. Send ads to the Editor and make checks payable to NATRC Region 1.

Attention All 4-H Horse Members!

To encourage participation by 4H members, NATRC offers a 4H Junior Rider Year End High Point Award.

- The award goes to the high point rider and high point horse **regardless** of the rider's division.
- The award is a self-nominating award. The nomination must occur before the end of the ride year, which is the second Sunday in November. This year, it will be November 10, 2013. The rider must (1) be a member of NATRC (2) send Laurie DiNatale an email (natrc@natrc.org) stating that they are a 4H member and (3) have their 4H leader verify that they are a member with an email to Laurie DiNatale (natrc@natrc.org). In a number of states (Colorado is one example), 4H now recognizes competitive trail as an activity that qualifies as a 4H member's project. Questions? Contact Angie Meroshnekoff, awhitedog@aol.com, Chair, Riders and Juniors Committee.

GoodSearch & GoodShop

NATRC can receive one penny for each internet search using GoodSearch as the search engine. You wouldn't think that could add up to much, but it does. And you can shop using GoodShop, which includes all the big retailers, with up to 30% going to NATRC. Turn your search and shopping into dollars. If you haven't already, please consider going to

www.GoodSearch.com

and setting North American Trail Ride Conference-NATRC (Sedalia, CO) as your preferred charity.

Advertising rates per issue:

Full page—\$40
 Half page—\$20
 Quarter page—\$10
 Business card—\$5

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back, overlooking it all, with a deck that reminded me of home. There was also a great vegetable garden off to the side.

Introduction to Bo

Bo is a handsome buckskin about 15 hands. My eyes scanned him as I do with all horses. He is well balanced, with good bone and looked very fit with good muscling. His head is a combination of his Arab/quarter horse background and is a tribute to both. Large luminous eyes show kindness and intelligence. I knew at once he was scanning me and questioning me as well. I brushed him and as he waited for the next step, I could tell he was still questioning, "Who are you and what are you about?"

We saddled up and headed out into the birch woods behind the house. The trails were inviting. I relaxed my back and legs. I felt Bo relax under me, reading my cues, his ears moving back and forth to words that I spoke. I felt immediately I could trust this horse. It was a wonderful ride. I asked for the trot and it was given, very comfortable and easy to post, unlike my Bomber. But then, Bomber is a sports car and Bo is a Cadillac.

As we rode on, the spent birch leaves made the paths a mosaic of color. The woods were very dense, mostly birch with spruce here and there. The cottonwoods lay down puffs of cream colored fluff at intervals. I felt comfortable with Bo and anticipated a good competitive ride on him.

Wow Those Vegetables!

Dinner with Tony and Laurie was unbelievable. They cooked halibut steaks, one of my favorites. The vegetables were all just picked from their garden. I love halibut but the veggies surpassed the fish and Tony's squash pie, what a treat!

Tony is a quiet man with a knowing nature and a smile that tells of the humor he finds in life. He is also a very hard worker. Laurie has that certain toughness that all the Alaskan women I met seem to own. Laurie has a great capacity to care about others. She also loves and respects the animals she keeps around her. She is an excellent horsewoman.

Bonding With Bo

The next day we arrived early at the ranch. Gene was going out with Laurie to ride on the ATV to ribbon more trails. Laurie had to play catch up because of an 85,000 acre raging forest fire that had threatened their home, and still had much to do.

While they were gone, I gathered Bo up and we proceeded to the arena. I did some ground work with him. We practiced standing for the judge, lungeing,

down and back, back-ing, side-passing and standing still at the mounting block. He seemed to like this at-tention, the praise and pats also. I let him know he was won-derful. I cleaned tack outside the barn. Each time he caught sight of me, he nick-ered at me, which had not been the case before we had worked together. Now there was no questioning in his eyes, on-ly trust.

Wild Wacky Women On Wheelers

The next day, we were going to go mark more trails with Laurie and her friend on ATV's. When I first met Marilyn, Laurie's friend, it was somehow like I had known her forever. She had just pur-chased a new ATV and came up to me with the back of it piled with blankets, se-cured with bungee cords. This was to aid my tush for a more comfortable ride. What a ride we had, sometimes over rough spots! Gene and Laurie were leaving us in their dust, flying ahead of us. The ride was exhilarating to say the least. I stated afterwards, "People pay good money for a ride such as that!"

I was sold on ATV's. They are eve-rywhere in Alaska and these women made it look ever so easy to get them up and down into a pickup truck bed. I also knew they had every tool imaginable in their trucks. We drove afterwards to a café called Sourdough Sam's for a bite to eat. While I was in the ladies room, I evi-dently ran my hands through my hair. When I returned to the table, all eyes were on my face. The trail dust had fallen onto my face and turned it to bronze. We all laughed at this. It was definitely time for the cabin and a shower.

Putting Up The Tents

Late Friday afternoon, the wind came up. The clouds were hanging low like grey billowed sheets folded in upon each other. Rain was on the way. Good for the forest fires still burning, but pressing for us to get the white cir-cus-type tents up at once. They were huge, cumber-some, heavy and not easy to put up. Enter Beth. Beth



Ride Camp tents.

Photo by Tony Knuutila

was in charge of the silent auction, but she also had a keen eye and knew how the tents should go up. Being an Alaskan woman, she could fend for herself. She was slight of build but strong. She detected that the men were putting the last tent wrong side out and let them know about it. That tent in place, it started to pour. It was as if the crown of that tent had poked a hole in those clouds.

Volunteers, God Love Ya!

On Saturday Beth very precisely set up the silent auction wares. She then sat very unobtrusively against a tent wall to watch people bid and answer any ques-tions they might have. Lezlie was secre-tary of the ride. She was like this magical creature who showed up here, there, and everywhere, completely knowing what was going on. She knew answers to each question and even let us know where a terrific restaurant was in town. Melissa was the greeter with bright eyes and a winning smile. She made everyone feel comfortable, and her enthusiasm was truly infectious. She gave great hugs. There was Victor, who bellowed out our numbers and kept us on the straight and narrow as to times, his wife Judy watch-ing on. Both of them had done much work on Friday helping set up. There was Cortney, a very capable young lady who became the horsemanship judge's secre-tary until his wife arrived on Sunday from Georgia. The P&R teams braved the wind, rain, and cold for us, along with Gene, who was the only male amongst them. I am sure he didn't mind that! All of these people were major players in the success of the ride. There was, of course, Lau-rie, who orchestrated all of this.

The ride briefing was cold and wet. Those tents were a blessing. The next day dawned the same. Mar-ilyn, ever thoughtful, had al-ready

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Lezlie the ride secretary and Victor the timer.

Photo by Judy Beckhorn-Ross

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placed the mounting block for me. She did this as often as she could. She was also concerned about me staying warm.

Time To Head Out

Laurie had warned me that at the beginning of the ride, Bo might jump into the air or dance in place. I am thoroughly versed in this type of animation with Bomber. "Not to worry," I told her. I rode with a mother/ daughter team, Susan the mom, Colleen the daughter. It was great fun riding with them. They have a wonderful mother/daughter relationship. They joked and talked along the way. One of mom's favorite comments when Colleen did something admirable was, "I taught her everything she knows." Susan rode a black and white Paint mare who let Bo know to stay out of her way. Colleen rode a perky, cute, grey Arab.

Bo was nothing but a gentleman on the way out. To be sure, he was eager and as the horsemanship judge would say well into the ride, "You have a lot of horse under you." This was so, but he was steady all the way. Out front he would leave all behind with an amazing reach in a full out trot. I would have to slow him up a bit. The three of us played leap frog. Colleen was the main navigator along with Bo. It was a kick! He knew all the trails and anticipated turns. I could only laugh and pat his neck. "Right again, boy!"

We were judged by two Kims, thus the Vet judge was dubbed pretty Kim and the horsemanship judge was a drawn out Kimm. Kimm pronounced in the southern fashion. Pretty Kim let us know straight away that she was known as the hanging judge. She said this with a twinkle in her eye. When I got my scorecard back, I could see why. It resembled some English papers I got back in high school, with minus this and minus that all over. The only thing missing was the red pencil. She was thorough and all were judged accordingly. Kimm the horsemanship judge simply enjoyed what he was doing. He was fair in his judging and had a fun loving personality.

Laurie put two good climbs into the ride. One was the Alder Chute. It was a 2/3 mile straight up climb to the top and lunch stop. Needless to say most of us

got dinged for our feet and legs being too far back. At the top, Bo was not really breathing too hard. I stroked his ear, which he liked and he began to doze off. His pulse was 9, respiration 3. In fact, all of his P&R checks were perfect. Laurie had done a great job. Bo was eager to head out and the rest of the ride went smoothly. We came in on time. I wasn't exactly tired, but completely relaxed, as if I had been to a Spa. Yes, it had been cold and wet and sometimes challenging, but a very enjoyable ride.

Sunday

The next day, after a good night's sleep in Laurie's gooseneck trailer, I was ready to go. I was amazed that I was not sore anywhere, not tired, and was eager to head out. It was warmer this morning, with no rain and the sun peeking out in places. I rounded the corner to Bo. Gene had fed him for me and although munching on hay, he gave a nicker greeting. His eyes were bright and he looked rested. As we left camp, we passed a meadow, the sun illuminating the fireweed that stretched out to the woods. Fireweed is a type of wild flower. It has a shape similar to our bottlebrush but is a pink lavender color. It starts blooming from its base upwards to the top. Alaskans say when the blooms reach the top their summer is over. A field of it in the sun will take your breath away.

The Get Away Birch

At one particular horsemanship obstacle, the trick was to place a clothes pinned ribbon on an immature birch limb. Bo took his stance next to the little tree and held fast. But each time I would reach to place the ribbon, a slight breeze would carry the branches away from me. Finally

Kimm started to laugh and told me he was not laughing at me but with me, and of course it was pretty funny. Bo stood steadfast the whole time. I could feel him saying "What is going on up there? Let's go." By this day, we were perfectly in tune to the point of reading each other's thoughts, which I do believe horses do.

We Did Our Best

Somehow, when you are riding someone else's horse, you strive to have that horse do their best. Bo and I pursued that for Laurie. When Bo got first place in his class, I was so very happy. Bo had

deserved that. I got a kick out of Susan getting first place in horsemanship and Colleen reversing the comment "I taught her everything she knows" to her mother. Kimm made a special comment and acknowledged Colleen had smiled throughout the entire ride, and she had. It was so much fun to ride with them.

After all awards were passed out, I approached Laurie and handed her the first place trophy. "No," she said, "you keep that. You just rode Bo to his National Championship." Both our eyes welled up. It was a special moment. I was ever so glad she had not told me that was in the offing beforehand.

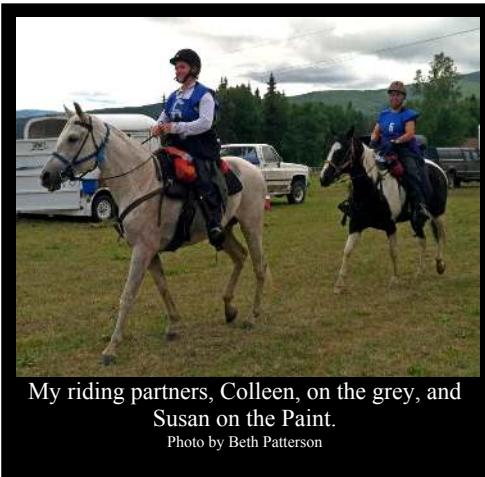
A Lifetime of Horses

I was a skinny 8 year old imp of a girl when I discovered the off season ponies. You know the ones. They would work all spring and summer in the big playground at Golden Gate Park in San Francisco, trudging around in a circular contraption, giving kids rides. They looked ragged and forlorn in that scenario. In the winter, I found them surrounded by trees, in a pen deep in the park. They were different there, more lively and alert. I would climb the fence, steal in and hop on to one of them for a ride. It worked well until one day I got caught by a handsome young mounted policeman on a tall brown horse. He escorted me home and spoke to my mom.

Then came the lecture about not riding the ponies. Even with the lectures, I knew I would cross that street one day and also ride other ponies.

As I grew up, it seemed people always had an extra horse for me to ride. I didn't have a horse of my own until I was 23. Gene was insistent I should get one. That one horse started us down the path of breeding and raising many. Many horses that I have known and loved have not been my own. I remember all of the horses I have known by name. The list, as they say, is long and distinguished. All of them have taught me more about themselves and more about myself. Some of them are at the very tip top of the list. This is where Bo takes his place. He is special. Laurie is a big part of who Bo is. She has used her skills, patience and hard work to bring him to his full potential. This is, to me, the definition of a Horsewoman or Horseman. Thank you, Laurie, for letting me ride this lovely horse and for catching a bit of the Midnight Sun.

Thank you to my husband also, who said, "Just go ride." If you read this story, I expect you will believe not all things happen purely by chance or, as the Irish say, many things are meant to be.



My riding partners, Colleen, on the grey, and Susan on the Paint.
Photo by Beth Patterson



The Center For Equine Health Event March 15, 2014

by Linda Thomason, Region 1 Chair

Saturday, March 15, 2014, NATRC Region 1 will enjoy a private tour of the Center for Equine Health(CEH) Facility at the University of California, Davis. This event will replace the traditional mini-convention in 2014.

After the tour and lecture, we will enjoy a lunch catered by CEH, hold a short Region 1 member meeting and present the year end awards for Region 1.

This is a unique opportunity for members to enjoy meeting the CEH staff, get a personal tour of the facility, enjoy a lecture (topic TBD) from a veterinarian on staff and meet Dr. Claudia Sonder, Director of the CEH Facility.

The Center for Equine Health(CEH) is part of the UC Davis School of Veterinary Medicine. For over 40 years, they have been dedicated to advancing the health, well-being, performance and veterinary care of horses through research, education and public service. They provide academic leadership and serve as the organizational umbrella under which equine research is funded and conducted at UC Davis and at other California State University campuses. The CEH also serves as the USDA's West Coast quarantine and treatment station for Contagious Equine Metritis (CEM). Newly imported mares and stallions come to the center for a quarantine period, during which time they are tested for CEM to prevent the introduction of this potentially devastating venereal disease into the U.S. horse population.

Since 1984, the CEH has funded over 700 research projects with a budget exceeding over 16 million dollars. Many scientific breakthroughs for improving the health of horses have

been made through these research studies in the areas of genetics, infectious disease, orthopedics, regenerative medicine and immunology. Other uses for the funding have included:

- Training of equine specialists for board-certification
- Fellowships to support training of academic and research scientists
- Scholarships for equine-oriented veterinary students
- Classes in continuing education for practicing veterinarians and educational seminars for the general public
- Development of new technologies for the care and treatment of patients at the Veterinary Medical Teaching Hospital
- Publication of a broad array of educational materials for the general public and for veterinary professionals.

University of California budgets do NOT allocate funds for equine research and publications. All funding for CEH comes from private and public donations. The racing industry has supported the center with contributions; however, the bulk of it's annual revenues comes from horse owners and enthusiasts.

Half of the registration fee for this event will be donated to support the research at CEH. So not only will you enjoy a unique and fun day at CEH, you'll also have the knowledge that you are contributing to the welfare of horses! No other facility in California or the nation is doing more to solve the wide range of problems affecting the health, welfare and performance of horses. CEH publishes an award-winning quarterly newsletter, THE

HORSE REPORT. I encourage you to go on-line and read the on-line version of the Horse Report. You will enjoy the health and educational updates presented in this interesting and informative publication. Simply type in "Center for Equine Health" as your search topic and you'll have access to multiple websites for both information about CEH and access to the Horse Report.

Many of you met Dr. Claudia Sonder, Director for Equine Health, when she visited us at last year's mini-convention in Livermore. She is interested in reaching out to all equine disciplines and focusing owner/rider attention on improving the welfare of horses.

Join us on March 15, 2014 for a unique behind the scenes visit to the Center for Equine Health(CEH) in Davis. CEH is allowing us to have our awards presentation at the end of the day's event. Don't miss out- register early to reserve your spot(s) for this event!!

Registration forms will be available on line at the Region 1 website www.natrcregion1.org in January. An E-Blast will also be emailed to members in January. Parking information, driving directions and location of the meeting hall on campus will be provided with the registration information. Contact me if you do not have access to a computer.

Come Join NATRC Region 1 at the Center for Equine Health, UC Davis on Saturday March 15. See you there!



NATRC
2014

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MO

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www.natrc.org 303-688-1677 natrc@natrc.org

Proceeds benefit NATRC operations in support of its educational, trail & competitive programs.



Region 1 Membership Roster

The R1 BOD rescinded an earlier decision to not mail membership rosters to the membership. Many rosters were handed out at rides. If you have not received yours and would like to have one, please contact Phil Young, pbyoung@sunset.net.

Junior Rider Rebate

Junior riders who are NATRC members by the second Sunday in November of a ride year and complete 2 or more rides in that same ride year are eligible to receive a rebate of \$30 per completed ride for up to 3 rides. Please contact Phil Young, R1 Treasurer for more details.

Award Sponsors Sought

Region 1 Year-End awards are just around the corner and will be presented to the winners during our tour of the CEH facility at U.C. Davis on March 15th. Please consider supporting your region by sponsoring an Award. Your donations help R1 to continue giving high quality Year-End awards.

The cost of sponsoring an award is:

- \$100 for a First place Horse or Horsemanship Award for each of the 7 classes (a total of 14 awards)
- \$50 per class for ribbons, Horse or Horsemanship. (a total of 14 ribbon sets)

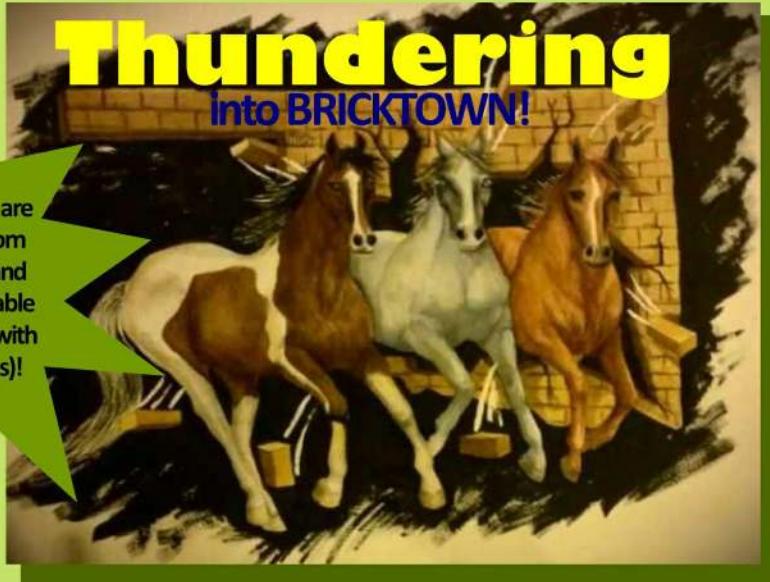
Classes available for sponsorship are: Open HWT, Open LWT, Open JR, Novice HWT, Novice LWT, Novice JR & Competitive/Pleasure.

- \$65 for a Special Memorial Award. These include: Bob Smith perpetual award (High Point First Year Novice/CP horse); Fran & Carol Duport Memorial award (High Point First Year Open horse); Pat Ersepke Memorial Award (High Point Novice Horse/Rider Combination); and the Max Barnett Region 1 Lifetime Membership award (Outstanding service to Region 1).

Any other donations in the amount of your choice will, of course, be gratefully accepted. You might even consider getting together with someone to sponsor a class or memorial award together. Contact Betty Young at 530-222-2978 for more information or to reserve a particular award. Mail your donations, made out to NATRC Region 1, specifying your first and second choice of awards that you wish to sponsor to: Phil Young, Treasurer, 2384 Templeton Drive, Redding, CA 96002.

Thank you in advance for your support of Region 1.

Central States Trailers—Oklahoma's Premier Trailer Dealer
Presents the
2014 NATRC NATIONAL CONVENTION



Register by 12/31 and you are entered in drawing for room upgrade to suite or front and center reserved banquet table for you and seven friends (with paid banquet reservations)!

FEBRUARY 21-22, 2014 in OKLAHOMA CITY!

Go to www.natrc.org for Registration and Reservations

This convention promises to be educational, inspiring and for dessert you can explore the exciting offerings of OKC

Seminars and Presenters include...

Stephanie Ostrowski, DVM, from Auburn University on competing in heat and humidity

Todd Holbrook, DVM from Oklahoma State on conditioning the equine athlete and management to avoid colic

Nancy Loving, DVM, noted author and distance rider on evaluation of the equine athlete and dealing with emergencies

Christy Landwehr CEO of the Certified Horsemanship Association on tack safety and exercises to make you a better rider

Rebecca Wright, D.O. on nutrition before, during after the ride to keep your competitive edge

Plus...

The Red Dirt Remuda Trade Show
Door Prizes, Silent & Live Auctions
National Awards Banquet

Explore OKC: Visit OKC's hot entertainment district — Bricktown, The National Cowboy Hall of Fame, Myriad Gardens, OKC Memorial, Oklahoma City Thunder games, notable art museums/districts and much more!

EARLY RESERVATIONS STRONGLY ADVISED AS THERE ARE SEVERAL HOT AREA EVENTS AT THE SAME TIME IN COX CTR.

For more info contact **Kris Hapgood** at 405-808-0190 or kris.hapgood@gmail.com

or **Becky Lucht** at 918-869-6401 or synzan@yahoo.com

Region 1 Board of Directors Vacancies

Two 3-year terms and one 1-year term on the Region 1 Board of Directors are up for election. Ordinarily, anyone wishing to be nominated to run for one of these seats needs to submit a short résumé to the R1 Recording Secretary (Stephanie Swain) prior to January 1. However, because it makes more sense to distribute this issue in January in order to include all the latest information,

the deadline for submitting résumés has been extended until January 31st. Stephanie's contact information is in the Roster and in this issue.

The health of our organization requires the regular addition of new faces to the BOD to get new energy and ideas. If you would like to give back to our sport and could consider devoting some time and energy to partici-

pating in its management (there are only 4 regular meetings each year), please consider submitting your résumé for consideration.

Votes will be cast and counted at our annual meeting at the Spring UC Davis event. If you cannot attend, you may request a ballot from Stephanie Swain; she must receive it back before the event.

Phil Young

Region 1 Tentative 2014 Ride Schedule

May 3	Mt. Diablo Ellen Pofcher Jesse Simons	Clayton, CA (925) 672-3733 (925) 672-4348	"B" O/N/CP mtnoaks@earthlink.net mtnoaks@earthlink.net
May 17-18	Cowboy Camp Jean Armer Sec: Sherry Lindley	Williams, CA (530) 755-8301 (541) 205-5269	"A" O/CP; "B" N armer@citlink.net shadylin@aol.com
May 17	Cowboy Camp Clinic Angie Meroshnekoff Sec: Darlene Schlerf	Williams, CA (707) 743-9973 (707) 462-4514	awhitedog@aol.com deschlerf@hotmail.com
June 7-8	Round Valley Regional Park Gene Boicelli Sec: Linda Thomason	Brentwood, CA (925) 672-6491 (510) 651-9470	"A" O/CP; "B" N LIMIT 45 geneboicelli@aircloud.net linda.thomason@comcast.net
July 19-20	Bald Mountain Butt Busters Katie Carney Sec: Jenny Daniels	Wasilla, AK (907) 373-7919 (H) (907) 376-2191 (W) (907) 315-3307	"A" O/CP; "B" N kcarney@mtaonline.net jamcgrath@yahoo.com
August 23-24	Jackson Forest Steve Meroshnekoff Sec: Maria Pilgrim	Ft. Bragg (707) 743-9973 (707) 795-8163	"A" O/CP; "B" N iambrewing@aol.com wolves1961@sbcglobal.net
Sept. 6-7	Georgetown NATRC Laura Harvey Sec: Wayne Read	Georgetown, CA (916) 689-1631 (916) 689-1631	"A" O/CP; "B" N hereticsunite@hotmail.com wrdsmt@frontiernet.net
Sept. 27??	Pilchuck Tree Farm Kathryn Lewandowsky	Arlington, WA (360) 403-8471 (H) (425) 737-4594 (C)	"B" O/N/CP "B" O/N/CP "A" O skyranch12805@yahoo.com
October 4	Lake Mendocino Steve Meroshnekoff Sec: Maria Pilgrim	Ukiah, CA (707) 743-9973 (707) 795-8163	"B" O/N/CP iambrewing@aol.com wolves1961@sbcglobal.net

Training the Timer: An Overview of the “Job”

By Linda Thomason

When I first starting competing in NATRC, I went to the ride briefing and yes, I “skimmed” through the rules manual. But I didn’t fully understand statements such as “keep track of your time when held at obstacles” or “when you’re backed up waiting for the judge” or the concept of pacing yourself between the ride points. I recall keeping some experienced riders in view and hoped that they knew what they were doing, where they were going and then I’d be OK. I had enough problems following a map and keeping on trail let alone when I was supposed to arrive/depart from various locations. Those who know me understand how directionally challenged I am and hopefully understand the multiple problems I faced in dealing with both location AND time simultaneously. I suspect there are others out there who face similar challenges when beginning this sport. This article won’t focus on how to time yourself out on the trail (I’m sure you’ll do much better than I did the first few rides!) but will discuss the role of the ride timer and how his/her work contributes to a successful ride.

NATRC competitions are NOT races; therefore a basic understanding of ride timing is important. The ride timer is an important member of ride management and needs to be an observant, organized person. Timing is a great way to participate in a ride when you aren’t able to compete as a rider, for non-riding family/friends to be part of the ride and a way to stay involved when you or your horse are “rehabilitating”. I encourage members to volunteer for and learn about the various ride management positions and what is involved in putting on a ride. It’s an eye opening experience and develops a great appreciation for the workers “behind” the ride. It also makes you a better competitor because you

develop an understanding of how it all works.

So what the heck does the timer do and what do I need to learn to do the job? Basically, the timer times the rider/horse out at the beginning of the ride, times them into and out of the lunch stop or other designated points and times them back in to camp at the end of the ride. While this sounds simple on paper, it can get a bit hectic on ride day. Factor in multiple riders, multiple divisions and bib colors. Often, there are different start times for the different divisions. The timer usually uses watches set for real time and ride time and a clipboard assigned for each division to record the rider times. The timer is also responsible for adding back in any ride time “lost” during the ride for holds or delays and for figuring out time penalty points at the end of the ride. The timer must notify the ride chairman if a rider has incurred penalty points as this affects the rider’s score. A rider is assessed penalty points for arriving early or late based on their division’s ride time.

There are minimum and maximum ride times in NATRC competitions. The goal of the rider is to learn to pace their horse within the ride times for the division they’re competing in. The rider develops a better understanding of how their horse moves over a variety of terrain and what the rider can ask the horse to do. For example, some

horses are great uphill but very slow downhill. When a rider understand how their horse moves, they can adjust the pace for the terrain and make up time in the areas where the horse can move more quickly. This is part of “partnering with the horse”, a term you’ve probably all heard the past few years. It’s an integral part of competitive trail riding.

Keeping the times straight for each division and rider involves organization and a good sense of humor. Often you need to just smile when answering rider questions such as “What time can I leave the lunch stop?” I’ve asked the same question at rides, but until I worked as a timer, I never realized how challenging it can be to keep track of everyone’s in and out times for lunch.

We are fortunate in Region 1 to have a very experienced timer team: Kitty and Neil Weber. They have years of experience both as riders and timers and are willing to train/mentor folks interested in learning to be a timer. Timing really needs two people to make it work well. You’ve probably seen Neil at a ride calling out the rider number, division and time to Kitty who records it. They are great people to work with and I encourage anyone interested in learning to contact ride management and ask if they can work with the Webers on a ride weekend. You’ll have a great time, you’ll be fed by ride management, you become an important part of the ride management team and you’ll be appreciated by all! Without the timers, we couldn’t have a ride!

Region 1 is in the process of developing detailed training guidelines for timers which will be posted on the Region 1 website by spring. The step by step guidelines, examples of recording sheets and suggestions were originally written by Betty Dever in 1993 and updated with suggestions from Kitty Weber in 2013. I thank everyone who is involved in this project. It will be great to have an on-line “Guidebook” for timer volunteers to read before they arrive at the ride.

When you pass the timers at your next ride, smile and thank them for the job they do.



Kitty and Neil at the Round Valley NATRC Ride 2011

Photo by Linda Thomason

Highlights From the National Board of Directors Meeting

November 8, 9, 2013

Informal discussion Friday night focused on our Strategic Plan compiled by Elaine Swiss and adopted by the BOD in 2009 (see separate attachment). Reviewing who we are, where we are, where we're going, and how to get there serves as an important basis for future decisions. Many elements have not changed (who our customers are and their needs, what we offer, who's our competition, what are our strengths and weaknesses). However, Priscilla Lindsey framed some questions about our identity well. They boiled down to 2 things: Are we a distance riding sport encouraging the selection, conditioning and testing of horses for multi-day events? Or are we an educational organization training excellent riders to ride excellent trail horses? The Open Division fits into the first option, while Novice and C/P, most of the current competitors, fit into the second. In making an effort to try to be appealing to all in an ever-changing economic, social and cultural environment, we seem to constantly struggle between goals of each aspect, and we may not serving either group the best we can.

We've turned our financial situation around from negative to positive, but our membership and ridership continue to decline. We need to make more strong decisions to better our chances for survival, and we can't chart a good course without knowing our compass heading.

Kim Cowart, President, introduced the **formal meeting** on Saturday by noting that it's important to retain new riders long enough for them to make the emotional investment most of us feel for the organization, and that fair and consistent judging is a vital aspect of that endeavor.

NATRC is financially healthy thanks to tough decisions made by the NBOD. This position now better enables us to invest in our organization (such things as manuals, awards, advertising, trail development).

Planned giving to our favorite charity (NATRC is a 501 (c) (3) organization) is something we can all think about, either as "in lieu of flowers" or a

charitable donation as part of our estate planning.

Grants of \$1,000 each have been awarded from the Ride Management Support Fund (thanks to an anonymous donor) to six rides, and two of those have paid back the full amount. The application process is under revision to open the program to more rides.

Bev Roberts is working with Cris Ballard, R2, to take over Publicity duties. This year, NATRC has gotten free publicity in 20 national print and online magazines, 36 regional print and online

To better focus our energies, at the February 2014 meeting, the NBOD hopes to select the primary trail to take for the next 5 years. Input from all of you is vital, so please talk to your R1 BOD or your National Board representatives (Angie Meroshnekoff and Joe Pimentel for 2014). I will be happy to address any questions.

magazines, 3 radio shows, 18 breed association and other partner arrangements, 15 CTR organizations and 1 international magazine. If you want help with publicity ideas, let them know.

Jean Green, also Management Chair, has taken over the leadership of E-News which currently has over 1400 subscribers. Support NATRC by showing your support of our sponsors. Be sure to open the E-News notices. Besides the good information and specials offered, the "hits" are tracked and are important to the sponsors. The percentage of clicks is also important for NATRC to be named a Constant Contact All-Star Award winner.

Laurie Knuutila's contract as Hoof Print editor was renewed. We are so proud and pleased with the product.

The NBOD approved the Veterinary Drug Committee's recommendation to allow the use of pergolide for horses competing with equine Cushing's disease. There are no perform-

ance enhancing properties, and it is considered to be better for the horse to not interrupt treatment.

Rule Changes. (See full report in Hoof Print)

- There have been questions about where re-weigh applied regarding weight class. The following sentence was added: **Management may re-weigh any rider at any time during the ride to verify weight class. A deviation of +/- 5 pounds is allowed for reweigh only.**
- The Ride Secretary may now compete in the ride (although certain R1 ride managers threaten severe consequences if they do ☺).
- c. Stallions may be stabled in pens/stalls when "stallion" pens/stalls are provided by the CTR facility. (not in portable pens).
- The proposal to include an HO (Horse Only) option did not pass. After much discussion, it was decided that this could be handled under the current DO options, but that the DO section in the Rule Book could perhaps be clarified. In addition, there is much education that could be done to improve the understanding of DO (through the Management Committee, Judges Committee, and Rules Interpreters).

Thank you all so much for the opportunity to serve as one of your representatives on the National BOD for the past nine years (and as Alternate before that). It has been an incredibly rewarding experience for me. I love working with and for NATRC. My committee involvement may not change much. I would still be more than happy to listen to or pass on any of your concerns or ideas.

Respectfully submitted,

Jamie Dieterich
NBOD
Education Committee
Media Advisory Committee

Starch and Fat as Energy Sources for Endurance Horses

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Kentucky Equine
Research Newsletter
Log on to www.ker.com

Dietary energy is usually expressed in terms of kilocalories (Kcal) or megacalories (Mcal) of digestible energy. Digestible energy (DE) refers to the amount of total energy in the diet that is actually absorbed by the horse. The DE requirements for different types of horses are calculated based on the horse's maintenance DE requirements plus the additional energy expended during exercise. Varying amounts of DE are required above maintenance at various speeds. For example, a 450 kg (990 lb) endurance horse would have a maintenance DE requirement of 14.9 Mcal/day. This same endurance horse, if ridden at a medium trot (250 meters/min) by a 75 kg (165 lb) rider for 3 hours, would have an additional energy requirement of 14.9 Mcal/day. The total energy requirement would be nearly 30 Mcal of DE/day, a value seen as intense work. The total DE requirement (maintenance + exer-

cise) can be provided by several dietary energy sources including starch and fat.

Starch, a carbohydrate composed of a large number of glucose (sugar) molecules, is the primary component of cereal grains, making up 50 to 70% of the grain's dry matter. Of the grains commonly fed to endurance horses, corn has the highest starch content, followed by barley and then oats. Horses break down starch into glucose units in the small intestine, where it is absorbed into the blood. Once in the blood, these glucose units can be used for a number of different purposes including being oxidized to produce ATP or being used to make muscle glycogen, liver glycogen, or body fat.

Starch is the dietary energy source of choice for glycogen synthesis. Starch digestion results in a direct rise in blood glucose and insulin, two of the most important factors involved in glycogen synthesis. Muscle glycogen is a versatile fuel for energy generation during endurance exercise, since glycogen can be metabolized either aerobically (with oxygen) or anaerobically (in the absence of oxygen). In addition, glycogen stored in the liver is available for the production and release of glucose into the blood during exercise. Maintaining blood glucose levels during exercise is of prime importance since glucose is the only fuel that is available to the central nervous system. In endurance horses, hypoglycemia (low blood sugar) as a result of prolonged exercise can be a cause of fatigue.

Corn oil and soybean oil along with animal fat are the most common sources of fat in

the horse's diet. These fat products contain roughly 2.25 times as much DE as an equal weight of corn, oats, or barley. Numerous digestion studies have confirmed that fat is both very palatable and extremely well digested. Fat is a less versatile energy source than starch since it can only be stored as body fat or oxidized aerobically to produce energy. Fatty acids derived from fat metabolism cannot be converted to glucose or be used to synthesize glycogen. Fat is, however, an extremely useful dietary energy source.

Research studies have concluded that feeding fat to horses resulted in a greater mobilization and utilization of fat during long-distance exercise. In essence, it appears horses trained their enzyme systems to utilize fat, thereby sparing the use of muscle and liver glycogen. Further, endurance horses in heavy training have a very high daily DE requirement. Often these endurance horses cannot or will not eat enough feed to meet their energy requirements. The result is a steady decrease in body condition. In these instances, adding fat will increase the energy density of the diet so that less feed is required to maintain body weight. Research has shown that endurance horses consuming fat-supplemented diets required less feed to maintain body weight.



Minutes of the NATRC Region 1 BOD Meeting - Sept. 22, 2013

Call to Order: The meeting, held at Elk Grove, California, was called to order at 10:23 a.m. by Chairman, Linda Thomason.

Present: Linda Thomason, Phil Young, Jamie Dieterich, Joe Pimentel, Stephanie Swain, Laura Harvey, Angie Meroshnekoff, and Steve Meroshnekoff. Absent: Gene Boicelli

Secretary's Report: Minutes of meeting held 17 May 2013 submitted for approval. Linda Thomason moved to approve; all in favor.

Treasurer's Report:

Checking: \$21949.52

Category detail report to be submitted at end of month.

Outstanding reimbursement for Angie's NBOD expenses has been paid. End of year expenses for the Leadline are projected to be approximately \$90.00 to \$100.00 less than previous year.

The 2013 Benefit ride earned \$1783.00.

A list of Judges' 2014 memberships to be paid by R1 will be submitted for approval at the next meeting.

Joe Pimentel moved to approve the Treasurer's report; seconded by Laura Harvey. Approved.

COMMITTEE REPORTS:

Physical Resource Coordinator:

Linda Thomason – no change except R1 bibs are at Angie's.

Historian: Transfer to Laura on hold pending obtaining materials from Kathy Nixon.

Wonder Workers: Steve Meroshnekoff – one jacket to be awarded.

Points/Membership: Phil talked to Jim Ferris. He is open to working with Donna on converting membership database from D-base to a new system.

Publicity: Linda Thomason – Proposal for R1 to become member club of CHSA (California State Horseman's Association) including establishment of reciprocal web links. NATRC members would be eligible to participate in the TRAP program and accumulate points for mileage. Phil

Young moved to accept the proposal; Laura Harvey seconded. Approved.

Benefit Ride: Jean Armer has agreed to manage the 2014 Benefit Ride to be held at Cowboy Camp May 17-18. Angie will work on putting on a clinic in conjunction with the ride

The Leadline: Phil Young and Laurie Knuutila – 2 issues have been published this year to date – 35 copies of the first issue were printed (with 28 of those mailed) at a cost of \$44.00; 30 copies of the second issue were printed (with 23 of those mailed) at a cost of \$46.00. Angie Meroshnekoff requested that all hard copies being mailed to her address be removed from the mailing list.

National BOD: Jamie Dieterich – Joe Pimentel will be running for Jamie's seat on the NBOD.

Proposed rule changes for 2014 (Changes in bold):

First Proposed Rule Change:

Page 4-3, Section 4.B.5 **Change to read:**

c. Rider weight classification must be maintained throughout the ride. **Management may reweigh any rider at any time during the ride to verify weight class. A deviation of +/- 5 pounds is allowed.**

Purpose: For clarification, still allows for re-weighing and allows for the 5 pound deviation as part of the re-weigh only.

Jamie Dieterich moved to approve this change, Steve Meroshnekoff seconded. All in favor of a YES vote on behalf of R1.

Second Proposed Rule Change:

Page 4-4, Section 4.D reads

D. Eligibility of Riders

1. All persons 10 years of age or older are eligible to compete in NATRC except:

Change to read:

d. Any person designated in Section 3 **with the exception of the ride secretary** (i.e., ride chair, trailmasters, stable manager, judges, official timers, judges recording secretary, Rules, Interpreter, safety riders, P&R timer)...

Purpose: to allow more volunteers to compete in a CTR.

Stephanie Swain moved to decline this change, Phil Young seconded. All in favor of a NO vote on behalf of R1.

Third Proposed Rule Change:

Page 5-1, Section 5.B **Change to read:**

4. **Stabling Options Not Allowed during competition as primary containment:**

e. **Stallions in portable pens.**

5. **Stallions: Stallions must be double tied whenever stabled (for exceptions, see below). The primary and secondary rope will not be tied to the same tie spot.**

c. **Stallions may be stabled in pens/stalls when "stallion" pens/stalls are provided by the CTR facility.**

Purpose: To prevent the use of portable pens for stallions (note that the problem is not always the stallions, but mares which sometimes get loose).

Jamie Dieterich moved to accept this change, seconded by Joe Pimentel. All in favor of a YES vote on behalf of R1.

Fourth Proposed Rule Change:

Page 4-3 Section 4C

Change to read:

C. Distance Only (DO): outside of the competition

1. **Both horse and rider must ride DO.**

2. Horse and rider **teams** participating DO for any reason will be judged in all ride activities as are other competitors but will be eligible for mileage only.

3. Horse and rider **teams** participating DO must obey all NATRC rules (except those exemptions specified in paragraphs 3-9 below) and any ride rules. The DO horse/rider team must ride in an acceptable manner and not disrupt the ride for other competitors.

D. Horse Only

(Continued on page 14)

(Continued from [page 13](#))

- Horses competing "Horse Only" will be judged in all ride activities. The horse and rider must obey all NATRC and ride rules.**
- A horse competing "Horse Only" will count as a competitor (horse) in the Class entered.**
- A rider participating "Horse Only" will not be judged, placed, or count as a competitor (rider) in the Class.**

- The rider will receive standard mileage allotment.**
- "Horse Only" must be declared prior to the official start of the ride.**

Purpose: flexible thinking – to provide a division where it is clear a rider can compete without being judged in horsemanship. Please note: there are some additions which have been suggested (in italics). Linda Thomason moved to approve, seconded by Stephanie Swain; Jamie Dieterich and Phil Young ab-

stained from voting, all others in favor of a YES vote on behalf of R1.

NATRC is financially in good shape due to increased rider fees and electronic distribution of Hoofprint BUT membership was below 1000 at mid-year, a level at which it is difficult to attract sponsors.

Region 1 Website: No report

Ride/Clinic Management: Jamie Dieterich-

Linda has obtained written Ride Timers' Instructions from Kitty and Neil Weber for training new ride timers. A summary will

(Continued on [page 15](#))

2013 Region 1 Year End Point Standings

The results below are preliminary. If you have any questions or note any errors, please contact Jim Ferris at 530-432-6513 or jim.c.ferris@gmail.com.

Novice Heavyweight - Horse							Novice Heavyweight - Rider			
PI	Horse	Breed	Rider	Pts	Mls	1st Yr	PI	Rider	Pts	Mls
1	YS Tyrone	Paint	Kroncke, Davern	22	120	*	1	Kroncke, Davern	19	120
2	MK Van Gough	Arab	York, Ron	8	40		2	York, Ron	7	40
Novice Lightweight - Horse										
1	Palistar	Arab	Swain, Stephanie	31	140		Novice Lightweight - Rider			
2	Kat Man D	Arab	Pimentel, Michelle	29	120	*	1	Pimentel, Michelle	26	120
3	7th Heaven Star	M-FX	Fuller, Lisa	19	60		2	Fuller, Lisa	16	60
4	Bodacious Tailfeathers	Grad	Egerer, Kaysha	14	80	*	3	Egerer, Kaysha	13	60
5	RA Calla Lily	Grad	Manor, Grace Anne	11	60	*	4	Manor, Grace Anne	9	60
6	CC Honey Dew	Othr	Ballard, Tanya	6	40		5	Ballard, Tanya	6	40
Novice Junior - Horse										
1	Shayla	H-AR	Ikerd, Maleah	32	120		Novice Junior - Rider			
2	Lola	Grad	Johnson, Kirsten	22	80		1	Ikerd, Maleah	26	120
3	Pipi	Must	Smith, Megan	7	40	*	2	Johnson, Kirsten	21	80
4							3	Smith, Megan	6	40
Competitive Pleasure - Horse										
1	Hickorys Starlet	H-AR	Dillard, Ashley	52	140		Competitive Pleasure - Rider			
2	HN Raina Bo Surely	H-AR	Schlerf, Haley	39	180	*	1	Pimentel, Joe	44	140
3	Marilyn	Mule	Pimentel, Joe	36	140		2	Dillard, Ashley	41	140
4	OM El Bilbao	Arab	York, Debbie	32	140		3	Schlerf, Haley	39	180
5	OM El Shakeeb Dream	Arab	Dillard, Joe	31	100		4	Dillard, Joe	35	100
6	Ed Zackery	H-AR	Jones, Mary	8	60	*	5	York, Debbie	24	140
7							6	Jones, Mary	16	60
Open Heavyweight - Horse										
1	Amiraborr	Arab	Boicelli, Gene	34	210		Open Heavyweight - Rider			
2	Tango Sierra	M-FX	Harvey, Laura	29	150	*	1	Boicelli, Gene	38	210
3	Stealth Knight	H-AR	Boicelli, Vicki	17	90		2	Harvey, Laura	27	150
4	Pistol Pete DF	Arab	Armer, Jean	15	90	*	3	Armer, Jean	14	90
5							4	Boicelli, Vicki	11	90
Open Lightweight - Horse										
1	Desert Reinbeau	Must	Meroshnekoff, Angela	54	300		Open Lightweight - Rider			
Open Junior - Horse										
1	Kaylee	Grad	Johnson, Karlie	45	270		Open Junior - Rider			
2							1	Johnson, Karlie	28	270

(Continued from page 14)

be printed in the next issue of the Leadline, with the instructions to be posted in entirety on the website.

Proposed 2014 Ride Schedule:

April 12-13 - Turkey Trot (Lake Comanche)

May 3-4 - Mt. Diablo

May 17 - Cowboy Camp

June 7-8 - Round Valley

June 28-29 - Georgetown (tentative)

August 16-17 - Jackson Forest

October 4 - Lake Mendocino

Angie will do write up on Cowboy Camp Clinic for publicity. There is a need for more mentor riders for the clinic.

Outreach Coordinator: Linda Thomason – Angie suggested adding printed ride calendar to new rider bags.

Trails Advocacy Coordinator: Judy Etheridge – No report.

Judging Issues: Jamie Dieterich, Nancy Kasovich, Angie Meroshnekoff – Angie expressed concern with vet judge asking Novices to canter as there have been multiple accidents due to this. Steve suggested a Safety Awareness Report containing a summary of the previous year's accidents including a description of the surrounding circumstances to be sent out to all judges.

OLD BUSINESS:

R1 Corporate/Non-profit status: Phil Young and Jamie Dieterich – in progress.

R1 participation in 100% Club: Currently have 2 members qualified to receive blue 100% participation jackets.

Add to requirement – must be NATRC member. R1 to pay full cost of 100% Club jackets. Laura Harvey moved to accept, seconded by Linda Thomason. Approved. E-News to go out re: blue 100% Club jackets and availability for purchase of (non-100% Club) green jacket.

Year End Points, Continued

Novice Heavyweight - Combined

Pl	Horse	Breed	Rider	Pts
1	YS Tyrone	Paint	Kroncke, Davern	41

Novice Lightweight - Combined

1	Kat Man D	Arab	Pimentel, Michelle	55
2	7th Heaven Star	M-FX	Fuller, Lisa	35
3	Bodacious Tailfeathers	Grad	Egerer, Kaysha	24

Novice Junior - Combined

1	Shayla	H-AR	Ikerd, Maleah	58
2	Lola	Grad	Johnson, Kirsten	43

Competitive Pleasure - Combined

1	Hickory Starlet	H-AR	Dillard, Ashley	93
2	Marilyn	Mule	Pimentel, Joe	80
3	HN Raina Bo Surely	H-AR	Schlerf, Haley	78
4	OM El Shakeeb Dream	Arab	Dillard, Joe	66
5	OM El Bilbao	Arab	York, Debbie	56

Open Heavyweight - Combined

1	Amiraborr	Arab	Boicelli, Gene	72
2	Tango Sierra	M-FX	Harvey, Laura	56

Open Lightweight - Combined

1	Desert Reinbeau	Must	Meroshnekoff, Angela	91
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Open Junior - Combined

1	Kaylee	Grad	Johnson, Karlie	73
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NEW BUSINESS:

UC Davis Spring Event – Linda Thomason

This event is in lieu of the traditional R1 Convention. To be held Saturday March 15, 2014. Tentative limit of 40 participants. Dr. Sonders (Director of the Center for Equine Health) will be conducting a tour of the facility. A box lunch will be provided in the center's Garden Valley Hall during which there will be speakers. Proposed cost to attend - \$30.00. Dr. Sonders has requested that in lieu of speaker's fee a donation be made to the facility.

NEXT MEETING:

Time: 10:00am

Date: 12 January 2014 (fallback date: 26 January 2014)

Location: via conference call to be arranged by Jamie Dieterich

NOTE: All reports should be submitted to the Board via email by Friday, 10 January 2014.

CLOSE OF MEETING:

Linda Thomason moved to adjourn the meeting at 2:24 pm, seconded by Angie Meroshnekoff. All in favor.

Respectfully Submitted,

Stephanie Swain

Region 1 has a Facebook Page!



Find us at
NATRC Region 1

Region 1 Ride Results

Jackson Forest A

8/17-18/2013 Region 1-CA

A-O/N/CP Total Riders: 18

Chair: Steve Meroshnekoff

Judges: Carol Meschter DVM,
Bev Barnettler

Novice Sweepstakes: Shayla/
Ikerd, Maleah-89

Open Sweepstakes: Kaylee/
Johnson, Karlie-93

Open Heavyweight

1/2 Tango Sierra/Harvey, Laura

2/1 Amiraborr/Boicelli, Gene

3/3 Pistol Pete DF/Armer, Jean

P Sarafina/Boicelli, Victoria

Open Lightweight

1/2 Desert Reinbeau/
Meroshnekoff, Angie

2/1 Gulastras Dezine/
Holochwost, Lynne

P Hot Midnight/Taniguchi, Trisha

Open Junior

1/1 Kaylee/Johnson, Karlie

Novice Heavyweight

1/1 YS Tyrone/Kroncke, Davern
P/DO Calico Mountain Sheila/
Cannon, Linda

Novice Lightweight

1/DO Palistar/Swain, Stephanie
2/1 Kat Man D/Pimentel, Michelle

Novice Junior

1/1 Shayla/Ikerd, Maleah

Competitive Pleasure

1/3 Hickorys Starlet/Dillard, Ashley
2/1 OM El Shakeeb Dream/
Dillard, Joe

3/2 Marilyn the Mule/Pimentel, Joe

4/4 HN Raina Bo Surely/
Schlerf, Haley

5/5 Om El Bilbao/York, Debbie

Jackson Forest B

8/17/2013 Region 1-CA

B-N Total Riders: 8

Chair: Steve Meroshnekoff

Judges: Carol Meschter DVM,
Bev Barnettler

Novice Sweepstakes: Lola/
Johnson, Kirsten-97

Novice Heavyweight

1/2 Diamond H Shalako/
Vovchuk, Virginia

2/1 MK Vangouh/York, Ron

Novice Lightweight

1/DO Dream/Lieberknecht, Kay

2/1 Bodacious Tailfeathers/
Isgrigg, Kaysha

3/2 CC's Honey Dew/Ballard, Tanya

Novice Junior

1/1 Lola/Johnson, Kirsten

2/2 Garnet/McOske, Jordan

P Denebabbor/Madison, Ilsa

Pilchuck

9/28/2013 Region 1-WA

B-O/N/CP Total Riders: 7

Chair: Kathryn Lewandowsky

Judges: Patrick Regier DVM, Lory Walls

Novice Sweepstakes: Amazing Spider/
Reiter, Kristen-96

Open Sweepstakes: Desert Reinbeau/
Meroshnekoff, Angie-96

Open Lightweight

1/1 Desert Reinbeau/
Meroshnekoff, Angie

2/2 SA Seraphim/Podeszwik, Barbara

3/3 Silver Idol/Smith, Megan

Open Junior

1/2 Baha Crescent/Tintinger, Leah

2/1 Kaylee/Johnson, Karlie

Novice Heavyweight

1/1 Amazing Spider/Reiter, Kristen

Competitive Pleasure

1/1 HN Raina Bo Surely/
Schlerf, Haley



Get NATRC E-News

NATRC E-News is the official electronic communication channel of our organization. E-News is a subscriber-based electronic marketing software from Constant Contact.

With E-News, you can receive electronic announcements on upcoming NATRC rides and clinics, new sponsors and special offers, NATRC promotions and contests, and general NATRC information including details on rules changes and proposals as well as regional and national Board minutes in a timely manner by subscribing now.

To begin receiving NATRC E-News, simply go to the NATRC website (<http://www.natrc.org>), click on "Join/Renew" along the top, then select "Join NATRC E-News." After you are directed to the E-News sign-up page, you can choose to receive a variety of different types of announcements.

If you would like to send NATRC information to all subscribers or just specific regions, contact Bev Roberts (matefey@gmail.com) or the National office (natrc@natrc.org) for help to put your announcement on the official NATRC electronic communication channel.

Ride Management Support Fund

Thanks to a very generous donation, NATRC is offering an opportunity for new ride managers or managers of rides in new locations to apply for a grant of up to \$1000 to help defray the costs of your NATRC-sanctioned Competitive Trail Ride.

For an application, please contact our National Office. Managers must be NATRC members and the one-page grant application, with supporting documents, must be submitted at least 90 days prior to the event.

NATRC Student Loan Program

Student loans are available up to \$5,000 per person /year, at the discretion of the NATRC National Board of Directors, after proper application has been submitted. Preference will be given to a full-time student who has been a member of NATRC or whose family has been an active member for at least three years. Consideration will also be given to a student or a student's family who has been an active member of NATRC for less than three years but more than six months.

For more details and an application, please go to: www.natrc.org.

NORTH AMERICAN TRAIL RIDE CONFERENCE

PO Box 224, Sedalia, CO 80135, 303-688-1677, Fax 303-688-3022
www.natrc.org, natrc@natrc.org



MEMBERSHIP FORM - RENEW, JOIN OR PURCHASE ITEMS ONLINE AT WWW.NATRC.ORG

Memberships run from January 1-December 31. We offer eight membership plans: four Regular; two Lifetime and two Platinum. The Platinum plans receive all the benefits of the Regular plans plus personal excess liability coverage with a \$1,000,000 policy limit.

CHECK PLAN DESIRED

REGULAR MEMBERSHIP: All memberships include: electronic national newsletter-*Hoof Print*, your region's newsletter, E-News subscription, eligibility for annual national and regional high score awards and championships, horse and rider mileage awards, reduced ride entry fees, sponsor discounts, and automatic membership in your region.

- FAMILY**..... \$90 /yr Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- SINGLE** \$60 /yr Single adult member (1 vote)
- ASSOCIATE**... \$50 /yr Equine-related groups or businesses only (no vote)
- JUNIOR**..... \$40 /yr Single Junior member under age 18 (no vote)

LIFETIME MEMBERSHIP: One time membership payment.

- FAMILY**..... \$10,000 Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- SINGLE** \$ 5,000 Single adult member (1 vote)

PLATINUM MEMBERSHIP: Platinum members receive insurance benefits thorough Association Resource Group-ARG. Platinum members receive personal excess liability coverage with a \$1,000,000 policy limit. Coverage is for claims brought against members of NATRC (Platinum) arising from the use and /or ownership of a horse and for horse-related accidents involving third party bodily injury or property damage. Coverage will apply when engaged in any horse related activity, and coverage is in excess of any existing valid and collectible insurance. There is no deductible. Professional Liability is not included. Business exposures are excluded.

- FAMILY**..... \$130 /yr Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- SINGLE** \$ 80 /yr Single adult member (1 vote)

ANNUAL LIFETIME MEMBER PLATINUM UPGRADE: _____ \$20 Single _____ \$40 Family

NATRC Specialties (Optional)

- Patch (inc. w/new membership) \$5.00
- 10" Round NATRC Emblem Sticker.. \$5.00
- 4" Round NATRC Emblem Sticker.. \$3.00

A Rule Book is free with your membership. To save NATRC \$\$\$, the Rule Book can be downloaded from www.natrc.org or a hard copy can be requested by checking here

\$ TOTAL ENCLOSED _____ (Colorado residents please add 2.9% on Specialty Items)

Hoof Print will be delivered electronically. To receive a print copy, please add \$15 and check here:

Please list first and last names, especially those with different last names, of all competing family members.

Name(s) _____ Jr(s) Birthdates _____

Street _____ City _____

State, Zip _____ Phone (_____) _____

Email _____

(WE REALLY NEED YOUR EMAIL FOR DELIVERY OF HOOFPRINT. IT WILL NOT GO OUTSIDE OF NATRC. THANKS!)

New member? Will you share how you found out about NATRC? _____

***** Mail completed form and check to : NATRC, PO Box 224, Sedalia, CO 80135 *****

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