

# Trail News

Presented by Trisha Taniguchi, Region 1 Trail Advocate



Kay Lieberknecht and a few of her junior riders at the Jackson Forest ride this August. We are lucky enough to have a second ride here this season!



## Upcoming Events:

- September 26 [National Public Lands Day](#)
- September 26-27 [NATRC R1 Jackson Forest Fall](#)  
Fort Bragg, CA
- October 3-4 [NATRC R2 RAHA Rally](#)  
San Diego, CA
- October 3 [WSTF Ride & Tie/Equathon](#)  
Cool, CA
- October 3 [GDETF Poker Ride](#)  
Georgetown, CA
- October 3 [Ridge Trail Cruz](#)  
Santa Cruz, CA
- October 30-November 1 [NATRC R2 Clinic](#)  
Santa Maria, CA

\*Click on Event for Entry/Info.

## NATRC on Horses in the Morning!

Earlier this month NATRC Region 1's Laurie Knutilla was a guest on radio talk show *Horses in the Morning*. This popular program airs weekday mornings as guests from every type of equestrian event give insight into their sport. September 17<sup>th</sup> was a trail riding episode where Laurie was able to report on her ride Challenge of the North which took place in Alaska. Tune in to hear about the challenges she faced as a ride manager as fires and unpredictable weather threatened to

cancel her ride! Find out how despite the odds, her ride was a success and learn about the unique demographics that were present. Laurie reminds us that any type of horse can thrive at our NATRC events.

Episodes on the third Thursday of every month are sponsored by NATRC. Listen in to learn more about our events, product reviews, and trail riding tips!

Catch this episode and all other NATRC episodes [here](#).

## A Smokey Summer

As NATRC riders we have learned how important it is to put our horses' well-being first. To continue to practice this outside of our sanctioned rides, it is crucial to remember how the current riding conditions in our area might affect our 4-legged friends. UC Davis has recently published an [article](#) to remind us how smoke from wildfires hampers equine respiratory health. [AirNow](#) is a useful tool to check air quality in a region before heading out on a trail to ensure you and your mount can breathe easy.

## "Jackson Again"

If you are in need of one more NATRC fix before the end of the year, you're in luck! In lieu of the Lake Mendocino ride, Region 1 will be hosting their last ride of the season at Jackson Forest that same weekend (September 26-27). Come on back to enjoy this beautiful location and the company of your fellow riders and volunteers!

Also, if you are interested in donating spare horse supplies (blankets, halters, brushes, etc.) we will be collecting items at this ride for those who lost everything in the recent fires.



Ride secretary Maria Pilgrim helps to put up and take down ribbons along the Jackson Forest trails.